

## 211 INFORMATION

To speak with a Community Information Specialist about resources in your area:

**CALL** 211 or 1-866-698-6155

**TEXT** your zip code to 898211 (TXT211), Monday-Friday 9am-5pm

**EMAIL** [help@211info.org](mailto:help@211info.org), Monday-Friday 9am-5pm

**PHONE** 24 hours per day / 7 days a week

## FOOD BANKS

- **St. Vincent De Paul of Bend**
  - 950 Southeast 3rd Street # B, Bend
  - [www.stvincentdepaulbend.org](http://www.stvincentdepaulbend.org)
  - (541) 389-6643
  
- **High Desert Food & Farm Alliance**
  - 354 Northeast Greenwood Avenue #205, Bend
  - [www.hdfffa.org](http://www.hdfffa.org)
  - (541) 390-3572
  
- **The Giving Plate**
  - 1245 Southeast 3rd Street C7, Bend
  - [www.thegivingplate.org](http://www.thegivingplate.org)
  - (541) 797-6883
  
- **Unitarian Universalist Fellowship**
  - 61980 Skyline Ranch Road, Bend
  - [www.uufco.org](http://www.uufco.org)
  - (541) 385-3908
  
- **NeighborImpact Bend**
  - 20310 Empire Avenue A100, Bend
  - [www.neighborimpact.org](http://www.neighborimpact.org)
  - (541) 548-2380

- **Salvation Army Bend Corps**
  - 541 Northeast Dekalb Avenue, Bend
  - [www.bend.salvationarmy.org](http://www.bend.salvationarmy.org)
  - (541) 389-8888
- **Family Kitchen**
  - 231 Northwest Idaho Avenue, Bend
  - [www.familykitchen.org](http://www.familykitchen.org)
  - (541) 760-5677

## RENTAL/ENERGY ASSISTANCE

- **NeighborImpact Bend**
  - 20310 Empire Avenue A100, Bend
  - [www.neighborimpact.org](http://www.neighborimpact.org)
  - (541) 548-2380
- **Thrive Central Oregon**
  - 405 SW 6<sup>th</sup> St, Ste A, Redmond
  - [www.thrivecentraloregon.org](http://www.thrivecentraloregon.org)
  - (541) 728-1022
- **Housing Works (Housing Authority)**
  - 405 SW 6th St, Redmond
  - [www.housing-works.org](http://www.housing-works.org)
  - (541) 923-1018

## DEPARTMENT OF HUMAN SERVICES

- **Self Sufficiency**
  - 1300 NW Wall St, Suite 101, Bend
  - [www.oregon.gov/dhs](http://www.oregon.gov/dhs)
  - (541) 388-6010 Office
  - (541) 388-2635 TTY
- **Seniors and People with Disabilities (APD)**
  - 1300 NW Wall St, Suite 101, Bend
  - [www.oregon.gov/dhs](http://www.oregon.gov/dhs)
  - (541) 388-6240

- **Central Oregon Council on Aging**
  - 373 NE Greenwood Ave, Bend
  - [ADRC.WebMessages@dhsosha.state.or.us](mailto:ADRC.WebMessages@dhsosha.state.or.us) email
  - (541) 678-5483 Office
  - (855) 673-2372
- **Senior Loneliness Line – (800) 282-7035**

## TRANSPORTATION

- **Cascades East Transit**
  - 334 NE Hawthorne Ave, Bend
  - [www.cascadeseasttransit.com](http://www.cascadeseasttransit.com)
  - (541) 385-8680

## VETERAN'S SERVICES

- **Deschutes County Veteran's Services**
  - Mike Maier Building, 1130 NW Harriman Street, Bend
  - [www.deschutes.org/administration/page/deschutes-county-veterans-services](http://www.deschutes.org/administration/page/deschutes-county-veterans-services)
  - (541) 385-3214
- **Women Veterans Coordinator**
  - [www.oregon.gov/odva/resources/pages/women-veterans.aspx](http://www.oregon.gov/odva/resources/pages/women-veterans.aspx)
- **LGBTQ Veterans Coordinator**
  - [LGBTQVets@odva.state.or.us](mailto:LGBTQVets@odva.state.or.us)

## MENTAL HEALTH SERVICES

- **CRISIS LINE – (800) 875-7364**
- **NATIONAL SUICIDE HOTLINE – (800) 273-8255**
- **Deschutes County Stabilization Center**
  - 63311 NE Jamison St, Bend
  - (541) 585-7210 (non-emergency)
  - (541) 322-7500 x 9 24 Hour Crisis Line