



## RESOURCES GUIDE

LINN, BENTON, AND LINCOLN COUNTIES

*Helping you find community services.*



Community Services  
Consortium  
[www.communityservices.us](http://www.communityservices.us)



## Resources Guide Acknowledgement and Updates

English and Spanish PDF versions of this Resources Guide are available at Community Services Consortium's Web site ([www.communityservices.us](http://www.communityservices.us)) and are periodically updated with content changes provided to the agency.

Updates to this Resources Guide should be forwarded to:

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Printed copies of this Resources Guide may be ordered directly from:



406 First Ave, W – Albany OR 97321  
541-928-3322

Information to include with update requests (please print clearly):

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	Hours _____
Service description	_____
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Community Services Consortium provides this free publication for the benefit of the public.

**QUICK-REFERENCE GUIDE TO  
COMMUNITY SERVICES CONSORTIUM PROGRAMS**

**Adult Job Programs**

*Career/Job Skills Training* ..... 541-758-2758  
*Job Search, Resumes, Job Applications, Interview Preparation*  
Linn County ..... 541-928-6335

**Education Programs**

***Head Start Pre-Kindergarten***

Lincoln City ..... 541-996-3028  
Newport ..... 541-574-7690  
Toledo ..... 541-336-5113

***High School Credit or Diploma Completion, GED***

Benton County ..... 541-758-2631  
Lincoln County ..... 541-574-2290  
Linn County ..... 541-243-3911

**Food Programs**

***Food Boxes***

Benton and Linn Counties ..... 541-752-1010

***Gleaning*** ..... 541-758-2645

**Health Insurance Programs**

***Oregon Healthcare Marketplace***

Lincoln County ..... 541-961-4073

**Housing Programs**

***Discrimination Hotline*** ..... 541-704-7649

***Rent or Security Deposits***

Benton County ..... 541-752-1010  
Lincoln County ..... 541-574-2280  
Linn County ..... 541-928-6335

***Rental Problems (Second Chance Classes)***

Benton & Linn Counties ..... 541-758-2632  
Lincoln County ..... 541-574-2281

***Veteran (Homeless or in Danger of Being Homeless)*** ..... 541-704-7638

**Utility Programs**

***Electricity, Heating, and Water Bill***

Benton County .....	541-752-2840
Lincoln County .....	541-265-3293
Linn County .....	541-926-7163
<b><i>Weatherization</i></b> .....	541-758-2610

**Youth Programs**

***Work, High School Completion, GED, Job Skills Development***

Benton County .....	541-758-2631
Lincoln County .....	541-574-2290
Linn County .....	541-758-2631

**COMMUNITY SERVICES CONSORTIUM  
OFFICE LOCATIONS**

**Benton County**

545 SW Second Street, Suite A (second floor)  
Corvallis, OR 97333  
541-752-1010

**Lincoln County**

120 NE Avery Street, (second floor)  
Newport, OR 97365  
541-265-8505

**Linn County**

250 Broadalbin Street, SW, Suite 2A (second floor)  
Albany, OR 97321  
541-928-6335

The River Center  
3000 South Santiam Highway  
Lebanon, OR 97355  
541-928-6335  
(appointments only)

**Mid-Willamette Valley**  
**Benton and Linn Counties**

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## ABUSE

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### **ABC House:** Child abuse counseling.

*Albany:* 1054 29th Ave, SW ..... 541-926-2203  
www.abchouse.org.....info@abchouse.org

### **Adult Protective Services:** Investigates reports of abuse and/or neglect of adults with disabilities; information.

*Albany:* 1400 Queen Ave, SE, Ste 206 ..... 541-967-8630  
*Toll-free*..... 800-638-0510  
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

### **Canyon Crisis Center:** Operates a 24-hr hotline; helps women and children who are victims of domestic and sexual violence.

*Mill City:* 475 NW Santiam Blvd..... 503-897-2327

### **Center Against Rape and Domestic Violence (CARDV):** 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.

*Corvallis office:* 4786 SW Philomath Blvd..... 541-758-0219  
24-hr hotline..... 541-754-0110  
24-hr hotline *Toll free* ..... 800-927-0197  
www.cardv.org.....info@cardv.org

### **Child Welfare Program, Department of Human Services (DHS):**

Receives reports of child abuse in Linn, Benton, and Lincoln Counties.

*Albany:* 118 2nd Ave, SE, Ste C ..... 541-967-2060  
*Corvallis:* 4170 SW Research Way, Ste 100 ..... 541-757-4121  
Hotline: Benton, Lincoln, and Linn Counties ..... 541-757-5019  
*Toll-free*..... 866-303-4643  
Mon-Fri 8:00 am - 5:00 pm  
After hours/weekends, call police ..... 9-1-1

### **Childsafe Program:** Provides group counseling for children who have been sexually abused and for their non-abusive parents.

*Corvallis:* Old Mill Center, 1650 SW 45th Pl..... 541-757-8068  
www.oldmillcenter.org  
Mon-Fri 7:30 am - 5:30 pm

### **HOPE, Inc.:** Emergency shelter for Linn County abused and homeless women.

*Sweet Home*..... 541-367-4673  
Mon-Fri 9:00 am - 5:00 pm

### **Linn County Department of Health Services Developmental Disability Protective Services:**

*Albany:* 314 4th Ave, SW ..... 541-967-3890  
.....linncddp@co.linn.or.us

**Mercy House International, Inc.:** Safety and assistance for women and their children at risk. Crisis and financial referrals, financial assistance, furniture and household items.

..... 541-928-6909

www.1sthandseconds.org..... coo@1sthandseconds.org

**National Child Abuse Hotline:** *Toll-free* ..... 800-422-4453

**National Domestic Violence Hotline:** For anyone scared of their partner and needing to talk.

*Toll-free*..... 800-799-7233

*TTY voice* ..... 800-787-3224

**Oregon Cascades West Council of Governments Senior and Disability**

**Services:** Elder abuse.

*Linn and Benton Counties*

*Albany:* 1400 Queen Avenue, SE, Ste 206..... 541-967-8630

www.ocwcog.org

Mon-Fri 8:00 am - 5:00 pm

*Toll-free* ..... 800-638-0510

**Oregon Department of Human Services (DHS) Children, Adults, and Families Division:** Temporary financial assistance to domestic violence survivors.

*Albany:* 118 2nd Ave, SE, Ste C..... 541-967-2078

**Police:** Emergency ..... 9-1-1

**Restraining Orders (Temporary):** Issued under Abuse Prevention Act.

*Benton County/Corvallis:* 120 NW 4th St.. 541-766-6705 or 541-766-6813

*Linn County/Albany:* 300 4th Ave, SW, Rm 107..... 541-967-3845

**ALCOHOL & DRUG ABUSE**

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**24 Hour Addictions Referral Network:** *Toll-free* ..... 800-577-4393

**Al-Anon and Alateen:** Support to families and friends of alcoholics.

*Albany:* 330 5th Ave, SW #207 ..... (leave message) 541-967-6262

www.oregonal-anon.org

**Alcohol and Drug Help Line:** *Toll-free* .....800-923-HELP (4357)

**Alcohol-Drug Treatment Referrals:** *Toll-free* ..... 800-996-3784

**Alcoholics Anonymous (AA) of Linn and Benton Counties:** Alcohol

problems shared; small-group meetings designed to help stop drinking.

*Albany* ..... 541-967-4252 or 541-967-6243

**Communities Helping Addicts Negotiate Change Effectively**

**(CHANCE):** Recovery support, classes, smoking cessation.

*Albany:* 238 3rd Ave, SE ..... 541-791-3411

*Lebanon:* 365 S Main..... 541-258-6959

Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org.....info@chancerecovery.org



**Community Outreach, Inc. (COI):** Drug and alcohol treatment program.  
*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

**County Alcohol and Drug Treatment Programs:**

**Benton County Health Department:**

*Corvallis:* 530 NW 27th St..... 541-766-6835  
www.co.benton.or.us/health

**Linn County Alcohol & Drug Program:** Intensive outpatient alcohol and drug treatment for adults and adolescents; school prevention program, gambling addiction treatment for Linn and Benton Counties; housing assistance, sliding fee scale.

*Albany:* 104 4th Ave, SE ..... 541-967-3819  
*Lebanon:* 1600 S Main St..... 541-451-5932  
*Sweet Home:* 799 Long St ..... 541-367-3888  
www.co.linn.or.us/health

**Emergence:** (formerly Aces) Adult addiction and behavioral therapies, diversion programs.

*Albany:* 1856 Grand Prairie Rd, SE ..... 541-967-6597  
*TTY* ..... 541-967-6879  
*Corvallis:* 425 SW Madison Ave, Ste O ..... 541-758-8022  
*TTY* ..... 541-758-0725  
*Lebanon:* 1780 S Main St ..... 541-258-7732  
www.4emergence.com

**Gambling Treatment:**

*Linn and Benton Counties/Albany* ..... 541-967-3819  
*Toll-free*..... 877-278-6766

**Lines for Life:** Preventing substance abuse and suicide.

*Toll-free*..... 800-273-8255  
www.linesforlife.org

**Milestones Family Recovery Program:** Various services to assist with alcohol, drug, and substance abuse recovery for youth and adults.

**Family Recovery Program:** Women's residential alcohol and drug rehabilitation center.

*Corvallis:* 306 SW 8th St..... 541-738-6832

**Outpatient Program:** Services for men and women.

*Corvallis:* 518 SW 3rd St ..... 541-757-7534  
www.milestonesrecovery.com

**Narcotics Anonymous:** Linn, Benton, and Lincoln Counties.

*Toll-free*..... 877-233-4287

**New Beginnings:** Substance abuse treatment.

*Corvallis:* 557 NW Monroe Ave..... 541-766-3540

**Oregon Partnership Alcohol and Drug:** *Toll-free* ..... 800-621-1646

**Pacific Northwest Adult and Teen Challenge:** A faith-based Christian Discipleship Program for people suffering from life-controlling problems, such as drugs or alcoholism.

*Shedd:* Willamette Valley Campus, 31700 Fayetteville Dr ... 541-491-1002  
www.teenchallengepnw.com/wvmc ...info.wvmc@teenchallengepnw.com

**Poison Control Drug Information:** *Toll-free*..... 800-222-1222

**Serenity Lane:** Assessment and treatment of substance abuse, detoxification.

*Albany:* 1050 Price Rd, SE..... 541-928-9681  
www.serenitylane.org/outpatient\_albany.html ..... info@serenitylane.org

**Youth Line:** 24-hr drug and alcohol help line.

*Toll-free*..... 877-553-8336  
4:00 pm - 10:00 pm – talk with peers about youth issues

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## BIRTH CONTROL & FAMILY PLANNING

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**Benton County Health Department:** Family planning clinic; appointments preferred; no one turned away if unable to pay.

*Corvallis:* 530 NW 27th St ..... 541-766-6835  
www.co.benton.or.us/health

Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 8:00 am - 7:00 pm

**Fish of Albany:** Maternity homes.

1880 SE Hill St ..... 541-926-9428  
www.fishofalbany.com ..... fishofalbany@integra.net

**Linn County Health Department:**

*Albany:* 315 4th Ave, SW ..... 541-967-3888

*Lebanon:* 1600 S Main St ..... 541-451-5932

*Sweet Home:* 799 Long St..... 541-367-3888  
www.co.linn.or.us/health

**Open Adoption and Family Services:** *Toll-free* ..... 800-772-1115

www.openadopt.org ..... info@openadopt.org

**Options Pregnancy Resource Center:** Sexual abstinence education programs.

*Albany:* 1800 16th Ave, SE..... 541-924-0160  
www.possiblypregnant.org ..... possiblypregnant@optionsprc.org

**Oregon SafeNet (Oregon Health Care Hotline):** Health information and referral hotline.

*Toll-free*..... 800-SAFENET (723-3638)

**Planned Parenthood:** *Toll-free* ..... 800-230-7526

www.plannedparenthood.org

**Samaritan Health Services:** Birth control counseling, obstetrics and gynecological services.

*Albany:* Obstetrics & Gynecology

705 Elm St, SW, Ste 200 ..... 541-812-4850

*Lebanon:* Mid-Valley Women's Center

701 N 5th St, Unit C1020 ..... 541-451-7250

[www.samhealth.org](http://www.samhealth.org)

**Santiam Hospital:**

*Mill City:* 280 S 1st Ave ..... 503-897-4100

[www.santiamhospital.org](http://www.santiamhospital.org)

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**CHILDREN**

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**ABC House:** Child abuse counseling.

*Albany:* 1054 29th Ave, SW ..... 541-926-2203

[www.abchouse.org](http://www.abchouse.org).....[info@abchouse.org](mailto:info@abchouse.org)

**Boys and Girls Club:** Provides school-aged youth opportunity to develop their intellectual, athletic, and social skills in a challenging and safe environment. Some sites provide meals.

*Albany:* 1215 Hill St, SE..... 541-926-6666

[www.bgc-albany.org](http://www.bgc-albany.org) .....[info@bgc-albany.org](mailto:info@bgc-albany.org)

*Corvallis:* 1112 NW Circle Blvd ..... 541-757-1909

[www.bgccorvallis.org](http://www.bgccorvallis.org).....[info@bgccorvallis.org](mailto:info@bgccorvallis.org)

*Lebanon:* 305 S 5th St..... 541-258-7105

*Lebanon:* 626 S 2nd St..... 541-258-2613

*Sweet Home:* 890 18th Ave..... 541-367-6421

[www.bgcgratersantiam.org](http://www.bgcgratersantiam.org) (Lebanon and Sweet Home facilities)

**Child Care Assistance, Department of Human Services (DHS):**

Facilitates parental visitation and foster home placement.

*Employment-Related Day Care (ERDC) program:* Helps low-income families pay for child care while the parents work. ERDC is a subsidy program (eligible families pay part of the child care cost). ERDC also works with providers and other child care partners to help families find and keep good child care, improve the availability of quality child care in Oregon, and develop resources for parents and child care providers.

*Benton/Corvallis:* 4170 SW Research Way, Ste 200..... 541-757-4121

*Linn County/Albany:* 118 2nd Ave, SE, Ste C..... 541-967-2060

*TTY* ..... 541-967-2058

*Statewide/Salem:* 500 Summer St, NE

*Resource and Referral Service:*

*Albany:* 6500 Pacific Blvd, SW ..... 541-917-4899

[www.oregon.gov/dhs/assistance/child-care](http://www.oregon.gov/dhs/assistance/child-care)

**Child Welfare Program, Department of Human Services (DHS):**

Programs focusing on preventing abuse of children in troubled families; counseling, referral, case work services to teen victims.

*Benton County/Corvallis:* 4170 SW Research Way, Ste 100 541-757-4121

*Linn County/Albany:* 118 2nd Ave, SE..... 541-967-2060

[www.oregon.gov/dhs/children](http://www.oregon.gov/dhs/children)

**Children's Health Insurance Program (CHIP): Oregon Health Plan.**

*Toll-free*..... 800-359-9517

**Community Before and After School Child Care Program (CAP):**

*Albany:* 250 Broadalbin St, SW, Ste 255 ..... 541-967-9322

[www.cap.peak.org](http://www.cap.peak.org)..... [albanycapdirector@gmail.com](mailto:albanycapdirector@gmail.com)

summer months: Mon-Fri 12:00 pm - 4:00 pm

**Corvallis Community Children's Centers:** Low-cost child care, transition program for children and families in need.

**Growing Oaks Center:** 4000 SW Western Blvd..... 541-207-3122

[www.corvallischildcare.org](http://www.corvallischildcare.org) ..... [growingoaks@corvallischildcare.org](mailto:growingoaks@corvallischildcare.org)

**Lancaster Center:** 3285 NE Oxford Cir..... 541-753-0191

[www.corvallischildcare.org](http://www.corvallischildcare.org) ..... [lancaster@corvallischildcare.org](mailto:lancaster@corvallischildcare.org)

**Court-Appointed Special Advocates (CASA):** Advocates for neglected and abused children in juvenile court and community.

*Benton County/Corvallis:* Voices for Children

129 NW 4th St ..... 541-753-5838

[www.casa-vfc.org](http://www.casa-vfc.org) ..... [executive.director@casa-vfc.org](mailto:executive.director@casa-vfc.org)

*Linn County/Albany:* CASA of Linn County

2730 Pacific Blvd, SW, Ste 201 ..... 541-926-2651

[www.linncasa.org](http://www.linncasa.org)

**Family and Community Together (FACT):** Greater Albany Public School District social services activity; parent support groups; parenting skills classes.

*Albany:* 701 SE 19th St..... 541-924-3720

[www.albany.k12.or.us/departments](http://www.albany.k12.or.us/departments)

**Family Connections:** Child care information for parents and those interested in the child care field. Homeless school transition programs.

*Albany:* Linn-Benton Community College, 6500 Pacific Blvd, SW

Classes for parents and children..... 541-917-4899

Parent Advice Line *Toll free* ..... 800-845-1363

[www.linnbenton.edu/familyconnections](http://www.linnbenton.edu/familyconnections)

**Family Tree Relief Nursery (FTRN):** Free classes and support for parents in stress with children younger than 6 years old. Food boxes, clothing.

*Albany:* 1305 Hill St, SE..... 541-967-6580

[www.familytreern.org](http://www.familytreern.org)

**First Christian Pre-Primary School:** Language therapy.

*Albany:* 432 Ferry St, SW ..... 541-917-1931

[www.fcpreprimary.org](http://www.fcpreprimary.org) ..... [firstchristianprimary@gmail.com](mailto:firstchristianprimary@gmail.com)

**H.A.R.T. Family Center:**

*Harrisburg:* 345 Smith Street ..... 541-995-7700  
www.city.harrisburg.or.us or www.hartcommunitycenter.org

**Healthy Families of Linn and Benton Counties:** Information, support, and home visits to first-time parents.

*Benton County/Corvallis:* 1650 SW 45th Pl ..... 541-757-8068  
*Linn County/Albany:* 1113 SE Hill Street..... 541-666-2946  
www.oldmillcenter.org

**Immunization:** Call for information.

**Benton County Health Department**

*Corvallis:* 530 NW 27th St..... 541-766-6835  
www.co.benton.or.us/health

**Linn County Public Health**

*Albany:* 315 4th Ave, SW ..... 541-967-3888  
www.co.linn.or.us/health

**Jackson Street Youth Services:** Runaway/homeless youth counseling.

*Albany:*

Overnight shelter  
240 SE 7th Ave ..... 541-220-2950  
Cornerstone Youth Outreach Drop-in Center  
960 Queen Ave, SW..... 541-220-2955

*Corvallis:*

Overnight shelter  
555 NW Jackson Avenue ..... 541-754-2404  
www.jacksonstreet.org

**Kidco Head Start of Linn and Benton Counties:** Pre-school program for low-income families.

*Administration Office/Lebanon:* 300 Market St, Ste 200..... 541-451-1581  
*Albany:* Periwinkle Center, 6500 Pacific Blvd, SW ..... 541-917-4734  
*Albany:* Riverside Center, 35140 Meadow Ln, SW..... 541-967-1044  
*Corvallis:* Lincoln Elementary School,  
110 SE Alexander Ave ..... 541-768-1164  
*Corvallis:* Mountain View Elementary School,  
340 NE Granger Ave ..... 541-758-1164  
*Corvallis Office:* 4515 SW West Hills Rd ..... 541-758-1164  
*Crawfordsville:* 38420 Glass Ave..... 541-367-3361  
*Foster:* 44829 Quartzville Rd ..... 541-367-8070  
*Harrisburg:* 885 Sommerville Ln ..... 541-995-8270  
*Jefferson:* 615 N 2nd St ..... 541-327-7924  
*Lebanon:* 31575 Sand Ridge Rd ..... 541-259-2227  
*Other Benton and Linn County locations:*..... 541-451-1581  
*Philomath:* 123 Main St..... 541-929-7595  
www.kidcoheadstart.org

**Linn Benton Lincoln Early Intervention Referral:** Identifies, evaluates, and helps children from birth to kindergarten with a wide range of developmental disabilities.

*Corvallis:* Dixie School, 33461 SE Peoria Rd ..... 541-753-1202 x106  
*Toll-free*..... 877-589-9751  
[www.lblesd.k12.or.us/ei-ecse/](http://www.lblesd.k12.or.us/ei-ecse/) ..... [webmaster@lblesd.k12.or.us](mailto:webmaster@lblesd.k12.or.us)

**Linn Benton Lincoln Education Service District:** Developmental assessment and early intervention/early childhood special education, truancy counseling.

*Albany:* 905 4th Ave, SE..... 541-812-2600  
[www.lblesd.k12.or.us](http://www.lblesd.k12.or.us)

**Linn-Benton Community College (LBCC) Family Resource and Education Center:** Parenting skills classes, pre-school referral programs.

*Albany:* 6500 Pacific Blvd, SW, Luckiamute Bldg Rm 132.. 541-917-4899  
[www.linnbenton.edu/parenting-education](http://www.linnbenton.edu/parenting-education) ..... [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu)

**Mid-Willamette Family YMCA:** Summer food service program for youth, youth camps, child development classes, activities.

*Albany:* 3201 Pacific Blvd, SW ..... 541-926-4488  
[www.ymcaalbany.org](http://www.ymcaalbany.org) ..... [executive@ymcaalbany.org](mailto:executive@ymcaalbany.org)

**Mighty Oaks Children's Therapy Center:** Occupational, physical, and speech therapy.

*Albany:* 3615 Spicer Rd, SE..... 541-967-7551  
[www.mightyoakschildren.org](http://www.mightyoakschildren.org) ..... [mightyoaks1@comcast.net](mailto:mightyoaks1@comcast.net)

**National Center for Missing Children:** *Toll-free*..... 800-843-5678

**National Runaway Hotline:** Confidential. *Toll-free* ..... 800-786-2929

**Neighbor-to-Neighbor Mediation:** Free, confidential mediation; juvenile delinquency diversion counseling.

*Albany:* 308 Broadalbin St, SW ..... 541-223-4189  
[www.n2nmediation.org](http://www.n2nmediation.org)..... [n2nbentonlinn@gmail.com](mailto:n2nbentonlinn@gmail.com)

**Old Mill Center:** Healthy families and child, teen, and family counseling.

*Corvallis:* 1650 SW 45th Pl ..... 541-757-8068  
[www.oldmillcenter.org](http://www.oldmillcenter.org) ..... [contact@oldmillcenter.org](mailto:contact@oldmillcenter.org)

**Oregon Center for Children and Youth with Special Health Needs (OCCYSHN):** A public health agency (through Oregon Health and Sciences University - OHSU) for children and youth with special health needs.

*Portland:* 707 SW Gaines St..... 503-404-8303  
*Toll-free*..... 877-307-7070  
<http://www.ohsu.edu/xd/outreach/occyshn>

**Pediatric Medical Care:**

**Samaritan Health Services:**

*Albany:* 734 Elm St, SW ..... 541-812-5111  
[www.samhealth.org](http://www.samhealth.org)

**Self-Sufficiency Program, Department of Human Services (DHS):**  
Employment-Related Day Care (ERDC) provides child care subsidies for low-income working families.

*Albany:* 118 2nd Ave, SE..... 541-967-2078  
Mon-Fri 8:00 am - 5:00 pm

*Corvallis:* 4170 SW Research Way, Ste 200 ..... 541-757-4201  
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

*Lebanon:* 44 Industrial Way, Ste E..... 541-259-5860  
Mon-Fri 7:00 am - 5:00 pm

**Strengthening Rural Families (SRF):** Parenting classes and family assistance to rural Benton County families.

*Philomath:* 535 S 19th St #147 ..... 541-929-2535  
[www.ruralfamilies.org](http://www.ruralfamilies.org)

**Trillium Family Services – Mid-Willamette Valley Region:** Transitional mental health.

*Corvallis:* 4455 NE Hwy 20 ..... 541-757-1852  
[www.trilliumfamily.org](http://www.trilliumfamily.org) ..... [info@trilliumfamily.org](mailto:info@trilliumfamily.org)

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## CLOTHING

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### Benton County

**Altrusa/Soroptimist Career Closet:** Free suitable clothing for income-eligible women seeking work. Referral from agency required.

*Corvallis:* 942 NW 9th St ..... 541-760-6016  
[www.altrusa.org](http://www.altrusa.org) ..... [altrusacorvallis@yahoo.com](mailto:altrusacorvallis@yahoo.com)  
Sat 10:00 am - 2:00 pm

**The Arc Resale Corner:** Thrift store sales support the Arc's mission to enhance the lives of community members who experience intellectual and developmental disabilities.

[www.arcbenton.org](http://www.arcbenton.org)  
*Corvallis:* 928 NW Beca St..... 541-754-9011  
Mon-Sat 10:00 am - 5:30 pm

*Philomath:* 936 S Main St..... 541-929-3946  
Mon-Sat 10:00 am - 5:30 pm; Sun 12:00 pm - 5:00 pm

**Assistance League of Corvallis:** Operation School Bell program provides free new clothing to Benton County school children in need; referral from school or social service agency required. Also dental help and Scholastic Aptitude Test (SAT) preparation.

547 NW 9th St..... 541-757-1978  
[www.alcorvallis.org](http://www.alcorvallis.org)

**Goodwill Industries:**

*Corvallis:* 1325 NW 9th St ..... 541-752-8278  
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

**Heartland Humane Society Thrift Shop:**

*Corvallis:* 411 SW 3rd St..... 541-757-0573  
www.heartlandhumane.org  
Tue-Sat 10:00 am - 5:00 pm

**June's Kids' Closet:** Provides free donated clothing for babies and youth through high school to parents with low incomes or anyone in need; baby furniture.

*Philomath:* 360 S 9th St..... 541-929-2499  
Thu 9:00 am - 2:00 pm

**OSU Folk Club Thrift Shop:**

*Corvallis:* 144 NW 2nd St..... 541-752-4733  
early-Jun to mid-Sep Tue-Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm  
mid-Sep to early-Jun Tue-Thu 9:30 am - 5:00 pm; Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm

**St. Vincent de Paul Thrift Shop:**

*Corvallis:* 501 NW 25th St ..... 541-757-1988 x317  
Mon-Fri 1:30 pm - 4:00 pm

*Albany:* 2220 Pacific Blvd, SE..... 541-928-1559  
Mon-Sat 10:00 am - 8:00 pm; Sun 10:00 am - 6:00 pm

**Vina Moses:** Free clothing and household items to Benton County residents, diapers when available, children's school clothing, Christmas food baskets.

*Corvallis:* 968 NW Garfield Ave..... 541-753-1420  
www.vinamoses.org

Mon-Fri 9:00 am - 11:00 am, 1:00 pm - 3:00 pm; 1st Sat of each month 9:00 am - 12:00 pm

Mon-Fri 9:00 am - 4:00 pm – donations accepted

**Linn County**

**Albany Altrusa:** ..... 541-979-4984  
www.altrusa.org ..... altrusaofalbany@hotmail.com

**Albany Helping Hands:**  
705 SE 1st Ave..... 541-791-5139  
www.albanyhelpinghands.com ..... wecare@albanyhh.org  
Mon-Sat 9:00 am - 7:00 pm

**Canyon Gleaners:**  
*Mill City:* 158 SW Broadway..... 503-897-4031  
Wed-Sat 9:00 am - 4:30 pm

**FISH Clothes Closet:** Free clothing, diapers, toiletries; must bring identification with current residence address.

*Albany:* 1880 Hill St, SE..... 541-928-4460  
www.fishofalbany.com ..... fishofalbany@integra.net  
Wed-Fri 9:00 am - 12:00 pm



**God's Storehouse:** Clothes and some furniture at low cost.

*Harrisburg:* 180 Smith Street ..... 541-995-8403  
Tue-Thu 9:00 am - 5:00 pm

**Goodwill Industries:**

*Albany:* 1605 Pacific Blvd ..... 541-928-3261  
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

**Jefferson Evangelical Church "Clothes Closet":**

552 N 2nd St ..... 541-327-2531

**Jesus Pursuit Church:**

*Albany:* 2110 Santiam Hwy, SE..... 541-924-0883  
third Saturday of each month 10:00 am - 3:00 pm (in Church parking lot)  
www.jesuspursuit.org..... pwltrb@aol.com

**Lord's Storehouse:** Free clothing, personal hygiene items, some household items.

*Lebanon:* First Assembly of God, 726 W Oak..... 541-259-1265  
(in separate building at back of church parking lot)  
www.firstassemblylebanonoregon.com/contact-us/  
.....contactus@firstassemblylebanonoregon.com  
Mon-Thu 10:00 am - 1:30 pm

**Pay it Forward One Blessing At a Time:** Free clothing.

*Lebanon:* 525 S Main St  
Mon-Fri 10:00 am - 6:00 pm; Sat 12:00 pm - 6:00 pm  
Furniture and storage warehouse: 155 N Williams  
Mon-Fri 10:00 am - 6:00 pm; Sat-Sun by appointment

**SafeHaven Thrift and Gift:** Clothing, furniture, kitchen ware, etc.

*Albany:* 33650 Hwy 99E..... 541-791-9621

**St. Vincent de Paul:** Free clothing, household, and financial assistance.

*Albany:* 2220 Pacific Blvd, SW ..... 541-928-1559  
*Lebanon:* 233 2nd St ..... 541-258-5405  
Wed 11:30 am - 4:00 pm

**Seventh-Day Adventist Community Services Center:** Free clothing, dishes, and bedding.

*Sweet Home:* 300 Holley Rd/Hwy 228 ..... 541-367-4524  
www.sweethome22.adventistchurchconnect.org  
..... sweethomesda@yahoo.com  
Mon 9:00 am - 1:00 pm

**Sharing Hands:**

*Brownsville:* 107 W Bishop Way..... 541-466-3110  
Food Bank: Wed, Fri 10:00 am - 3:00 pm  
Thrift Shop: Tue-Sat 9:00 am - 3:00 pm

**Signs of Victory:** Diapers; children's and maternity clothes.

*Albany:* 1100 Jackson St, SE ..... 541-928-6927  
www.signsofvictory.webs.com/

**Sweet Home Emergency Ministries (SHEM) Carmen's Closet:** Free clothing, shoes, household items, and hygiene items; assistance with re-location necessities. Provides fire-burnout victims with household items, blankets, furniture, and clothing.

1115 Long St..... 541-367-6504  
www.shemfoodbank.org.....shemfoodbank@gmail.com

**Sweet Home Gleaners Thrift Store:**

3031 Hwy 20..... 541-367-3190  
www.sweethomegleaners.org/thrift-shop  
.....sweethomegleaners@sweethomegleaners.org

Mon-Sat 10:00 am - 4:00 pm

**Teen Challenge Thrift Store:**

*Albany:* 310 SE 2nd Ave..... 541-791-7006  
www.teenchallengepnw.com/thrift/albany  
Mon-Sat 10:00 am - 6:00 pm

*Lebanon:* 846 Main St..... 541-258-2584  
www.teenchallengepnw.com/thrift/lebanon  
Mon-Sat 9:00 am - 5:45 pm

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**CRISIS INTERVENTION & ASSISTANCE**

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**Benton County Health Department Mental Health Division:**

Appointment preferred. Sliding scale fees.

*Corvallis:* 530 NW 27th St ..... 541-766-6835  
www.co.benton.or.us/health  
Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm  
After-hours Mental Health Crisis: *Toll-free* ..... 888-232-7192

**Canyon Crisis and Resource Center:**

*Mill City:* 825 Santiam Blvd ..... 541-897-2327  
ccrisisc@gmail.com

**Center Against Rape and Domestic Violence (CARDV):** 24-hr hotline providing crisis intervention, information, and referral services.

24-hr hotline..... 541-754-0110  
24-hr hotline *Toll free* ..... 800-927-0197  
www.cardv.org.....info@cardv.org

**Community Outreach, Inc. (COI)** 24-hour crisis hotline.

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

**Linn County Health Department Mental Health Division:**

*Albany:* 445 SW 3rd Ave ..... 541-967-3866  
www.co.linn.or.us/health/mental\_health/crisis.htm  
*Toll-free*..... 800-304-7468  
Mon-Fri 8:30 am - 5:00 pm

**Mercy House International, Inc.:** Safety and assistance for women and their children at risk. Crisis and financial referrals, financial assistance, furniture and household items.

..... 541-928-6909  
www.1sthandseconds.org..... coo@1sthandseconds.org

**Pastoral Counseling Center:** Individual, couple, and family counseling.

*Albany:* First Christian Church, 432 Ferry St, SW ..... 541-753-9217 x1  
*Corvallis:* First Christian Church, 602 SW Madison Ave ..... 541-753-9217  
*Lebanon:* 1890 S 2nd St..... 541-451-5015  
www.pastoralcounseling-oregon.org

**Police:** Emergency ..... 9-1-1

**Trillium Children's Farm Home:** Mental health services for youth through 18 years old and their families; information and referral.

*Corvallis:* 4455 NE Hwy 20 ..... 541-757-1852  
www.trilliumfamily.org

**Youth Help Line:** Accepts collect calls.

*Corvallis*..... 541-754-2404

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## DENTAL

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**Advantage Dental Clinic, LLC:**

*Albany:* 409 1st Ave, W  
*Corvallis:* 142 SW 2nd St  
*Toll-free*..... 888-468-0022

**Assistance League of Corvallis:** Dental assistance for Benton County school-aged children..... 541-757-1978  
www.alcorvallis.org

**Benton Community Health Center:** Corvallis Health Center clients will be seen or referred locally for care or through dental vans. Sliding scale.

*Corvallis*..... 541-766-6835  
www.bentonlinnhealthcenters.org

**Boys and Girls Club Free Dental Clinic:** Free dental services for children without access to dental care or dental insurance and who meet income requirements.

*Albany:* 1215 SE Hill St..... (call for appointment) 541-926-6666  
www.bgc-albany.org/health  
*Corvallis:* 1112 NW Circle Blvd ..... 541-257-2006  
www.bgccorvallis.org/programs/the-johnson-dental-clinic  
Tue-Wed

**Community Outreach, Inc. (COI):** Pick up application at any COI clinic in Albany, Corvallis, or Lebanon. Appointments (\$20 fee at time of service).

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

- Doorstep Dental Hygiene:** Dental care referrals, mobile dental hygiene services. .... 541-990-0814  
doorstepdh@gmail.com
- Lebanon Basic Services:** Dental referrals, emergency financial aid, information.  
3000 S Santiam Hwy..... 541-451-2171  
www.therivercenter.net/Lebanon-basic-service  
..... frontendk@therivercenter.net  
Mon 10:00 am - 4:00 pm by appointment
- Oregon Veterans' Service Office:** Dental care expense assistance.  
Albany: 330 SW 3rd Ave ..... 541-967-3882
- Samaritan Albany InReach Services:** Low-cost medical, dental, and mental health services to low-income people in Albany, Millersburg, and Tangent.  
1215 Hill St, SE ..... 541-812-4997  
www.samhealth.org
- Willamette Dental:**..... 855-433-6825  
Albany: 2225 Pacific Blvd, SE, Ste 201  
www.willametedental.com

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## DISABILITY

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- The Arc of Benton County:** Advocates and provides services for people with developmental disabilities and their families.  
Corvallis: 414 NW 4th St ..... 541-753-1711  
www.arcbenton.org
- Benton County Health Department:** Services for people with developmental disabilities.  
Corvallis: 530 NW 27th Street ..... 541-766-6835  
www.co.benton.or.us/health
- Cornerstone Associates, Inc.:** A variety of comprehensive disability-related employment programs.  
Corvallis: 1445 SE Crystal Lake Dr ..... 541-752-9724  
www.cornerstoneassociates.com
- Corvallis Daytime Drop-in Center:** Facility for low-income community members coping with mental illness or homelessness.  
Corvallis: First Christian Church, 602 SW Madison Ave ..... 541-740-3235  
Mon-Fri 9:00 am - 2:00 pm
- Home Life:** Supports housing needs of adults with developmental disabilities; programs for all levels of need.  
Corvallis: 2068 NW Fillmore Ave ..... 541-753-9015  
www.homelifeinc.org..... homelife@peak.org

**Linn County Department of Health Services Developmental Disability**

**Program:** Residential placement services.

315 4th Ave, SW ..... 541-967-3888  
www.co.linn.or.us/health/devel\_disabil/dd.htm.....linncddp@co.linn.or.us

**Linn-Benton Housing Authority:** Housing assistance for lower-income families, elderly, and disabled individuals.

*Albany:* 1250 Queen Ave, SE ..... 541-926-4497  
*TDD*..... 541-926-8338  
www.l-bha.org .....mail@l-bha.org  
Mon-Thu 8:00 am - 5:00 pm

**Oregon Cascades West Council of Governments (COG) Disability**

**Services:** Information; developmental and physical disability assistance and support.

*Albany:* 1400 Queen Ave, SE, Ste 103 ..... 541-967-8630  
*Toll-free*..... 800-638-0510  
www.ocwcog.org/seniors-disability.....adrcmail@ocwcog.org

**Senior Companion Program:** A program through Samaritan Health Services for volunteers assisting elderly and younger disabled people.

*Linn and Benton Counties/Albany* ..... 541-812-4185

**TTY, TTD, TDD Relay Service** ..... 7-1-1

**Veterans and Disability Services:** Inquiries about services for persons under 65 years old with disabilities or veterans, their dependents, or their survivors.

*Corvallis:* 301 SW 4th St, Ste 140  
Benton County Disability Service..... 541-758-1595  
www.ocwcog.org  
Veterans' Service Office..... 541-766-6803

**Vocational Rehabilitation:** Provides employment services to eligible people with disabilities.

*Albany:* 1400 Queen Ave, SE, Ste 107 ..... 541-967-2022  
*Corvallis:* 4170 SW Research Way, Ste 400 ..... 541-757-4131  
Mon-Fri 8:00 am - 5:00 pm  
*Sweet Home:* 925 Long St..... 541-367-8583

**Willamette Valley Rehabilitation Center, Inc.:** A private, not-for-profit rehabilitation facility providing vocational services to people with disabilities; provides a variety of training and employment alternatives enabling people to access meaningful employment, participate in decisions, and lead quality, self-fulfilling lives.

*Lebanon:* 1853 W Airway Rd..... 541-258-8121  
www.wvrc.org

**Work Unlimited Supported Living Program:** Supports people with mental health issues or other disabilities to live independently.

*Corvallis:* 408 SW Monroe Ave, Ste L102..... 541-738-8552  
www.workunlimited.org/voc\_prog.php

**WorkSource Oregon:** State public workforce system; assists with vocational rehabilitation, job search, skills enhancement, training options.  
*Albany:* 139 4th Ave, SE..... 541-812-8645  
[www.worksourceoregon.org](http://www.worksourceoregon.org)

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## EDUCATION

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### Alternative Schools

**Albany Options Alternative School:** An alternative school through Greater Albany Public School District.

*Welcome Center:* 701 19th Ave, SE ..... 541-704-2376

**Casa Latinos Unidos of Benton County:** Assistance to Latino community, interpretation, help with forms, social service referral, English classes, conversation.

*Corvallis:* 128 SW 9th St..... 541-223-5310  
[www.casalatinosunidos.org](http://www.casalatinosunidos.org)

Mon, Tue, Thu, Fri 9:30 am - 2:00 pm; Sat 10:00 am - 1:00 pm

**Community Services Consortium (CSC):** Credit recovery, high school completion, General Education Development (GED) preparation.

*Benton County/Corvallis:* 536 SW 2nd St ..... 541-758-2631

*Linn County/Albany:* 2995 Ferry St, SW ..... 541-758-2605  
[www.communityservices.us](http://www.communityservices.us) ..... [info@communityservices.us](mailto:info@communityservices.us)

**Corvallis Multicultural Literacy Center (CMLC):** Referral to language and education resources; citizenship support and field trips; helps people connect in the community. Spanish speaker available.

128 SW 9th St..... 541-754-7225  
[www.cmlcenter.org](http://www.cmlcenter.org)..... [cmlc@peak.org](mailto:cmlc@peak.org)

Mon-Fri 10:00 am - 5:00 pm; Sat by appointment

**English as a Second Language:** Linn-Benton Community College classes in Albany, Harrisburg, and Sweet Home involving listening, speaking, reading, and writing.

*Albany* ..... 541-917-4710

*Informacion en Español* ..... 541-917-4664

**English for Speakers of Spanish/Español:** Offers English and computer classes; services for translation and help completing applications for low-income assistance; free.

*Corvallis:* Acorn Outreach, 1740 NW Division St ..... 541-224-6590

**Oregon Connections Academy:** On-line education.

*Mill City:* 833 NW Santiam Blvd..... 541-897-2272  
[www.connectionsacademy.com](http://www.connectionsacademy.com)

**Oregon State University (OSU) Extension Services:**

*Benton County/Corvallis*..... 541-766-6750

*Linn County/Albany* ..... 541-967-3871

## General Education Development (GED) Preparation

**Community Services Consortium:** youth and adult GED preparation, adult basic skills development. .... 541-928-6335  
*Benton County/Corvallis:* (youth) 545 SW 2nd St, Ste A..... 541-752-1010  
*Linn County/Albany:* (adult) 139 SE 4th Ave ..... 541-967-2171 x8646  
*Linn County/Albany:* (youth) 2995 Ferry Street, SW..... 541-758-2605  
www.communityservices.us ..... info@communityservices.us

**Linn-Benton Community College (LBCC):** GED preparation, adult basic skills.

*Albany* ..... 541-917-4710  
*Corvallis*..... 541-757-8944 x5116  
*Lebanon*..... 541-259-5800  
*Sweet Home* ..... 541-367-6901  
www.linnbenton.edu

## Head Start

**Kidco Head Start of Linn and Benton Counties:** Pre-school program for low-income families.

*Administration Office/Lebanon:* 300 Market St, Ste 200..... 541-451-1581  
*Albany:* Periwinkle Center, 6500 Pacific Blvd, SW ..... 541-917-4734  
*Albany:* Riverside Center, 35140 Meadow Ln, SW..... 541-967-1044  
*Corvallis:* Lincoln Elementary School,  
110 SE Alexander Ave ..... 541-768-1164  
*Corvallis:* Mountain View Elementary School,  
340 NE Granger Ave ..... 541-758-1164  
*Corvallis Office:* 4515 SW West Hills Rd ..... 541-758-1164  
*Crawfordsville:* 38420 Glass Ave ..... 541-367-3361  
*Foster:* 44829 Quartzville Rd ..... 541-367-8070  
*Harrisburg:* 885 Sommerville Ln ..... 541-995-8270  
*Jefferson:* 615 N 2nd St ..... 541-327-7924  
*Lebanon:* 31575 Sand Ridge Rd ..... 541-259-2227  
*Other Benton and Linn County locations*..... 541-451-1581  
*Philomath:* 123 Main St..... 541-929-7595  
www.kidcoheadstart.org

## Other Education Resources

**Albany Altrusa:** School supplies, financial assistance. .... 541-979-4984  
www.altrusa.org ..... altrusaofalbany@hotmail.com

**Family Tree Relief Nursery:** Home-based parenting education.

*Albany:* 1305 Hill St, SE..... 541-967-6580  
www.familytreern.org

**First Christian Pre-Primary School:** Language therapy.

*Albany:* 432 Ferry St, SW ..... 541-917-1931  
www.fcpreprimary.org .....firstchristianprimary@gmail.com

**Fish of Albany:** School supplies.

1180 SE Hill St ..... 541-928-4460  
www.fishofalbany.com ..... fishofalbany@integra.net

**Greater Albany Public Schools Welcome Center/Centro de Bienvenida:**

Literacy programs, activities, and translation assistance for Spanish-speaking families.

*Welcome Center:* 701 19th Ave, SE ..... 541-704-2376  
www.albany.k12.or.us

**Libraries:**

*Albany:* Albany Public Library, 2450 14th Ave, SE..... 541-917-7580  
www.library.cityofalbany.net

*Albany:* Albany Public Library, 302 Ferry St, SW ..... 541-917-7585  
www.library.cityofalbany.net

*Alsea:* Corvallis-Benton County Public Library,  
19192 Alsea Hwy ..... 541-487-5061  
www.cbcpubliclibrary.net

*Corvallis:* Corvallis-Benton County Public Library,  
645 NW Monroe Ave ..... 541-766-6926  
www.cbcpubliclibrary.net

*Lebanon:* Lebanon Public Library, 55 Academy St..... 541-258-4926  
www.lebanonpubliclibrary.com

*Monroe:* Corvallis-Benton County Public Library,  
380 N 5th St..... 541-847-5174  
www.cbcpubliclibrary.net

*Philomath:* Corvallis-Benton County Public Library,  
1050 Applegate..... 541-929-3016  
www.cbcpubliclibrary.net

**Linn Benton Early Intervention Referral:** Identifies, evaluates, and helps children from birth to kindergarten with a wide range of developmental disabilities, specialized evaluations, and special education plan development.

*Corvallis:* 33461 SE Peoria Rd..... 541-753-1202 x106  
www.lblesd.k12.or.us/ei-ecse

**Linn-Benton-Lincoln Education Service District:** Developmental assessment and early intervention/early childhood special education, homeschooling licensing, McKinney-Vento homeless school transition programs.

*Albany:* 905 4th Ave, SE..... 541-812-2690  
www.lblesd.k12.or.us.....homeschool@lblesd.k12.or.us



**Oregon Migrant Education Service Center:** Community services and resources to agricultural workers and their families; school support.

*Salem:* 2611 Pringle Rd, SE..... 503-385-4678  
www.wesd.org/omesc

**Oregon State University: Corvallis:** ..... 541-737-1000

**Scholastic Aptitude Test (SAT) Preparation:**

Assistance League of Corvallis ..... 541-757-1978

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## EMPLOYMENT

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**Cornerstone Associates, Inc.:** A variety of comprehensive disability-related employment programs.

*Corvallis:* 1445 SE Crystal Lake Dr ..... 541-752-9724  
www.cornerstoneassociates.com

**Community Services Consortium (CSC):** Provides job search assistance and/or job skills training for older youth, adults, and displaced workers.

Youth (aged 16 to 24 years old) are served in a year-round program which includes a summer program component. Youth learn academic and workplace skills through hands-on programs that may include paid work experiences or internships.

www.communityservices.us/jobs..... info@communityservices.us

**Workforce & Education:** Opportunities range from self-service to individualized assistance and may include assessment/career planning, job search assistance, job applicant recruitment, occupational skills training, job placement assistance, job retention services, employer-designed customized training, work experience/on-the-job training. Services are tailored to individual plans.

**YouthBuild Program:** CSC YouthBuild AmeriCorps is a comprehensive development program serving low-income and under-educated young adults. Priority is given to 17- to 24-year-old people. The training period averages 6 to 12 months. Trainees earn a modest living stipend while working toward their GED. They learn construction skills by building affordable housing for low-income families. Eligibility requirements apply.

**Benton County CSC Youth Programs:**

*Corvallis:* 536 SW 2nd St..... 541-758-2631

**Linn County CSC Adult Programs:**

*Albany:* 139 SE 4th St ..... 541-967-2171 x8646

**Linn County CSC Youth Programs:**

*Albany:* 2995 Ferry St, SW ..... 541-758-2605

**Corvallis Parks and Recreation Department:** Youth aged 15 to 17 years old are eligible for summer employment through Youth Parks Corps and Youth Recreation Corps. Youth aged 11 to 18 years old are eligible for volunteer experience through Youth Volunteer Corps.

1310 SW Avery Park Drive ..... 541-766-6467 or 541-766-6918  
[www.corvallisoregon.gov](http://www.corvallisoregon.gov) or [www.yvccorvallis.org/our-team.html](http://www.yvccorvallis.org/our-team.html)

**Experience Works:** Assists mature workers (55 years old and older) with employment search.

*Linn and Benton Counties/Albany* ..... 541-812-8661  
[www.experienceworks.org](http://www.experienceworks.org)

**Job Connection Goodwill:** Comprehensive job assistance centers, vocational rehabilitation

*Albany:* 1605 Pacific Blvd, SE..... 541-928-3382 or 541-918-3261

**Job Corps:** Hands-on youth job education and training; development for people 16 to 24 years old.

*Toll-free*..... 800-733-5627  
[www.jobcorps.gov](http://www.jobcorps.gov)

**Linn-Benton Housing Authority:** Job development toward family self-sufficiency.

*Albany:* 1250 SE Queen Ave ..... 541-918-7313 or 541-918-7326  
[www.l-bha.org](http://www.l-bha.org) ..... [mail@l-bha.org](mailto:mail@l-bha.org)

**Oregon Department of Human Services (DHS) Self-Sufficiency**

**Program:** Assists people to become independent, healthy, and safe through education and employment training opportunities.

[www.oregon.gov/DHS/](http://www.oregon.gov/DHS/)

*Albany:* 118 2nd Ave, SE..... 541-967-2078  
Mon-Fri 8:00 am - 5:00 pm

*Corvallis:* 4170 SW Research Way, Ste 200 ..... 541-757-4201  
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

*Lebanon:* 44 Industrial Way, Ste D..... 541-259-5787  
Mon-Fri 7:00 am - 5:00 pm

**Oregon Employment Department:** *See WorkSource Oregon*

**Pipeline to Jobs:** Albany Area Chamber of Commerce and local industry and education leaders provide guidance to employers, educators, and students seeking employment.

435 W 1st Ave..... 541-926-1517  
[www.pipelinetojobs.com](http://www.pipelinetojobs.com)

**Unemployment Benefits:**

*Toll-free*..... 877-345-3484  
[www.workinginoregon.org/ocs](http://www.workinginoregon.org/ocs)

**Veterans Employment Services:**

*Albany:* 139 SE 4th Ave..... 541-967-2171

**Vocational Rehabilitation:** Oregon Department of Human Services (DHS) provides employment services to eligible people with disabilities.

- Albany:* 1400 Queen Ave, SE, Ste 107 ..... 541-967-2022
- Corvallis:* 4170 SW Research Way, Ste 400 ..... 541-757-4131  
Mon-Fri 8:00 am - 5:00 pm
- Sweet Home:* 925 Long St..... 541-367-8583

**Willamette Valley Rehabilitation Center, Inc.:** A private, not-for-profit rehabilitation facility providing vocational services to people with disabilities; provides a variety of training and employment alternatives enabling people to access meaningful employment, participate in decisions, and lead quality, self-fulfilling lives.

- Lebanon:* 1853 W Airway Rd..... 541-258-8121  
[www.wvrc.org](http://www.wvrc.org)

**WorkSource Oregon:** State public workforce system; provide services to job seekers and employers. Computers with Internet access, telephones, and fax and copying machines are available for job seekers; military transition assistance programs and disabled veteran outreach. Assists with vocational rehabilitation, job search, skills enhancement, training options.

*WorkSource Albany*

- Albany:* 139 4th Ave, SE
- Community Services Consortium..... 541-812-8646
- Disabled Veterans' Outreach..... 541-812-8645
- Linn-Benton Community College ..... 541-967-2171
- Oregon Employment Department..... 541-967-2171

*WorkSource Benton*

- Corvallis:* 4170 SW Research Way, Ste 500
- Department of Human Services (DHS) Self-Sufficiency ... 541-757-4201
- Oregon Employment Department..... 541-757-4261
- Oregon Vocational Rehabilitation Department ..... 541-757-4131

*WorkSource Lebanon*

- Lebanon:* 44 Industrial Way ..... 541-259-5850
- Oregon Employment Department..... 541-259-5790

**WorkSource Oregon.** State public workforce system; assists with vocational rehabilitation, job search, skills enhancement, training options.

- Albany:* 139 4th Ave, SE..... 541-812-8645  
[www.worksourceoregon.org](http://www.worksourceoregon.org)

## FINANCIAL SERVICES

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### **Child Support Enforcement:**

#### *Benton County/Corvallis:*

Benton County District Attorney's Office Child Support Services  
120 NW 4th St, 3rd Fl ..... 541-766-6817

#### *Linn County/Albany:*

Oregon Department of Justice Division of Child Support  
1245 Clay St, SE..... 541-967-2028

### **Community Services Consortium (CSC):** Offers weatherization, utility, and rental assistance for income-qualified households.

*Benton County/Corvallis:* 545 SW 2nd St, Ste A ..... 545-752-1010

*Linn County/Albany:* 250 Broadalbin St, SW, Ste 2A ..... 541-928-6335

www.communityservices.us ..... info@communityservices.us

Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

### **Fish of Albany:** Food box, limited assistance with utilities, medical, transportation, identification cards.

1880 Hill St, SE .....(call first) 541-928-4460

www.fishofalbany.com ..... fishofalbany@integra.net

Mon-Fri 9:00 am - 5:00 pm

### **Fish Emergency Services:** Limited assistance with medical, rent, utilities, transportation, toiletries, and identification cards.

*Benton County/Corvallis:* 968 NW Garfield Ave ..... 541-752-4688

Mon-Fri 8:00 am - 5:00 pm

### **Fish of Lebanon:** Help with utilities, rent, clothing, prescriptions, records, licenses, permits fee payment assistance, dental.

First Presbyterian Church, 145 W Ash St .....(call first) 541-259-3200

Mon-Fri 9:00 am - 3:00 pm

### **Lebanon Basic Services:** Emergency financial aid, dental referrals, information.

3000 S Santiam Hwy..... 541-451-2171

www.therivercenter.net/Lebanon-basic-service

..... frontdesk@therivercenter.net

Mon 10:00 am - 4:00 pm by appointment

### **Mercy House International, Inc.:** Safety and assistance for women and their children at risk. Crisis and financial referrals, financial assistance, furniture and household items.

..... 541-928-6909

www.1sthandseconds.org..... coo@1sthandseconds.org

### **Money Management International:** Bankruptcy assistance, mortgage delinquency and default counseling, reverse mortgage.

*Albany:* 645 Waverly Dr, SE

*Toll-free*..... 866-226-0278

www.moneymanagement.org

**Oregon Veterans' Service Office:**

*Albany:* 330 3rd Ave, SW ..... 541-967-3882

**The Salvation Army:**

*Albany:* 345 Columbus St ..... 541-928-4775

Mon, Wed, Fri 9:00 am - 11:45 am – emergency food box

Utility assistance by appointment only, when funds are available.

**Self-Sufficiency Programs, Department of Human Services (DHS):**

Offers financial help to qualified families in the form of Temporary Assistance to Needy Families (TANF). Domestic Violence Emergency Assistance (DV-EA) offers financial help to families without resources and needing help fleeing domestic violence; Employment-Related Day Care (ERDC) provides child-care subsidies for low-income working families, food benefits, and medical.

*Albany:* 118 2nd Ave, SE..... 541-967-2078

Mon-Fri 8:00 am - 5:00 pm

*Corvallis:* 4170 SW Research Way, Ste 200 ..... 541-757-4201

Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

*Lebanon:* 44 Industrial Way, Ste E..... 541-259-5860

Mon-Fri 7:00 am - 5:00 pm

[www.oregon.gov/DHS](http://www.oregon.gov/DHS)

**Senior Services:** Oregon Cascades West Council of Governments (COG).

*Linn and Benton Counties/Albany*

1400 Queen Avenue, SE, Ste 206 ..... 541-967-8630

*Toll-free*..... 800-638-0510

[www.ocwcog.org](http://www.ocwcog.org)

Mon-Fri 8:00 am - 5:00 pm

**Sharing Hands, Inc.:** Small emergency fund to assist with utilities, prescriptions, gas, and propane. Call for eligibility.

*Brownsville:* 107 W Bishop Way..... 541-466-3110

Tue-Sat 10:00 am - 4:00 pm

**Sweet Home Emergency Ministries (SHEM):** Voucher for propane, prescriptions, clothes, rent, and utility needs. Food box requests verified through program guidelines.

1115 Long St..... 541-367-6504

[www.shemfoodbank.org](http://www.shemfoodbank.org) ..... [shemfoodbank@gmail.com](mailto:shemfoodbank@gmail.com)

**Telephone Assistance Program Link-Up America:** Telephone bill reduction.

*Toll-free*..... 800-848-4442

**We Care:** One-time emergency financial assistance to Benton County residents when no other help is available and the person will be able to manage after a single assist.

*Corvallis*..... 541-758-2632

**Willamette Neighborhood Housing Services (WNHS):** Financial and consumer services.

*Corvallis:* 257 SW Madison Ave, Ste 113..... 541-752-7220 x300  
www.w-nhs.org.....info@w-nhs.org

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## FOOD

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**Food Stamps Self-Sufficiency Program, Department of Human Services (DHS):** Available to individuals and families. Call for appointment.

*Albany:* 118 2nd Ave, SE..... 541-967-2078  
Mon-Fri 8:00 am - 5:00 pm

*Corvallis:* 4170 SW Research Way, Ste 200 ..... 541-757-4201  
Mon 7:30 am - 6:00 pm; Tue-Fri 7:30 am - 5:00 pm

*Lebanon:* 44 Industrial Way, Ste D..... 541-259-5860  
Mon-Fri 7:00 am - 5:00 pm

**Gleaners:** See "Food and Firewood." *Corvallis*..... 541-752-1010

**Linn Benton Food Share:** A Community Services Consortium (CSC) program that gathers, transports, stores, and distributes food to local helping agencies, including food pantries, soup kitchens, day care centers, shelters, low-income senior programs, and gleaning groups.

*Corvallis:* 545 SW 2nd St, Ste A ..... 541-752-1010  
www.communityservices.us

**Meals on Wheels:** Meals delivered to home-bound seniors in Linn and Benton Counties.

*Linn County/Albany:* Albany Senior Center  
489 Water Ave, NW ..... 541-967-7647

*Benton County/Corvallis:* Chintimini Senior and Community Center  
2601 NW Tyler Ave ..... 541-753-1022

*Toll-free*..... 800-638-0510

**Ten Rivers Food Web:** Farmers' Markets. Some farmers' markets accept Oregon Trail Electronic Benefit Transfer (EBT), senior vouchers, and Women, Infant, and Children (WIC) vouchers.

www.tenriversfoodweb.org ..... 541-351-8735

*Benton County Farmers' Markets:*

*Corvallis* (mid-Apr to mid-Nov) – NW 1st St and NW Jackson Ave  
Wed and Sat 9:00 am - 1:00 pm

*Corvallis* (Jan to mid-Nov) – Benton County Fairgrounds, 110 SW 53rd St  
Sat 9:00 am - 1:00 pm

*Linn County Farmers' Markets:*

*Albany* (mid-Apr to Mid-Nov) – 4th Ave, SW and Ellsworth St, SW  
Sat 9:00 am - 1:00 pm

Brownsville (Jun to Oct) – Main St and Park Ave  
Thu 3:00 pm - 7:00 pm

Lebanon (May to Oct) – E Grant St and Main St

Thu 2:00 pm - 6:00 pm

Sweet Home (Jun to Sep) – Thriftway parking lot (intersection of Hwys 20 and 228)

Sat 9:00 am - 1:00 pm

**Women, Infants, and Children (WIC) Nutrition Program:** Nutrition counseling and monthly food vouchers available for low-income pregnant women, nursing mothers, infants, and children.

*Benton County:*

*Corvallis:* 530 NW 27th St..... 541-766-6835  
www.co.benton.or.us/health

*Linn County:*

*Albany:* 2730 Pacific Blvd, SE ..... 541-967-3888  
*Lebanon:* 1600 S Main St..... 541-451-5932  
*Sweet Home:* 799 Long St ..... 541-367-3888  
*Toll-free* ..... 800-723-3638  
www.co.linn.or.us/health

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## FOOD PANTRIES

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### Benton County

**Alsea Food Pantry (Jeni's Place):**

18595 Alsea Hwy.....541-487-FOOD (3663)  
Thu 10:00 am - 6:00 pm

**Coastal Range Food Bank:** Emergency food box.

*Blodgett:* 11661 Nashville Rd..... 541-456-2141  
..... crfb@casco.net

Wed, Sun 11:00 am - 2:00 pm and emergencies

**Community Outreach, Inc. (COI):** Emergency food boxes and shelter, medical clinic for uninsured people, information and referral, advocacy, case management, message and mail service, showers.

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
Mon-Fri 2:00 pm - 9:00 pm; Sat 8:00 am - 9:00 pm

**Human Services Resource Center Food Pantry:** Operates in partnership with Oregon State University (OSU) Foundation on the OSU campus; accessible to OSU students and non-students.

*Corvallis:* Avery Lodge, 1030 SW Madison Ave..... 541-737-3747  
www.studentlife.oregonstate.edu/hsrc/osu-emergency-food-pantry  
..... hsrc.foodpantry@oregonstate.edu

Mon-Fri 9:00 am - 5:00 pm (during school year)

Mon-Fri 11:00 am - 3:00 pm (during winter and summer breaks and summer)

**Philomath Food Bank:** Emergency food box.

360 S 9th St..... 541-929-2499  
Tue 4:30 pm - 7:30 pm; Thu 9:00 am - 11:30 am

**St. Vincent de Paul Food Bank:** Emergency food box; thrift store - clothing at very low cost, small household items, and toys.

*Corvallis:* 501 NW 25th St ..... 541-757-1988  
Mon-Fri 1:30 pm - 4:00 pm

**St. Vincent de Paul Food Pantry at Garfield Elementary School:** One Sat per month.

205 NW Garfield St ..... (call for dates) 541-757-1988  
10:00 am - 12:00 pm

**South Benton Food Pantry:** Must be resident of Monroe School District.

*Monroe:* by United Methodist Church, 650 Orchard St..... 541-745-8759  
.....sbf2014@gmail.com

Thu 10:00 am - 12:00 pm; 3rd Thu of each month 4:00 pm - 6:00 pm; 4th  
Sat of each month 10:00 am -12:00 pm

**South Corvallis Food Bank:** Emergency food box.

1800 SW 3rd St, Ste 110..... 541-753-4263  
www.southcorvallisfoodbank.org

Mon, Wed 1:00 pm - 3:00 pm; Thu 5:00 pm - 7:00 pm; Sat 10:00 am -  
12:00 pm

## Linn County

**Caring Team Ministry:** Emergency food box.

*Lebanon:* 3000 S Santiam Hwy ..... 541-451-1271  
Fri 3:30 pm - 5:30 pm

**Fish of Albany:** Food box (call first for emergency food), formula, baby food, clothing, and medical; emergency transportation.

1880 SE Hill St ..... 541-928-4460  
www.fishofalbany.com ..... fishofalbany@integra.net

Mon-Fri 9:00 am - 3:00 pm

**Fish of Lebanon:** Call for appointment.

First Presbyterian Church, Ash and 2nd St ..... 541-259-3200  
Monday-Fri 9:00 am - 3:00 pm – utility, rent, medicine

Tue, Fri 1:30 pm - 3:00 pm – emergency food box

**God's Storehouse:** Clothes, some furniture. Bring proof of residence address. Delivers.

*Harrisburg:* 180 Smith St ..... 541-995-8403  
Tue, Thu 9:00 am - 4:00 pm

**Hope Church of Sweet Home:** Emergency food box.

890 Mt. View Rd..... (call first, before 7:00 pm) 541-367-2038  
Thu 10:00 am - 1:00 pm



**Jefferson Community Pantry:** Emergency food box.

*Jefferson:* 310 N 2nd St ..... 541-248-7282  
Wed 3:00 pm - 6:00 pm

**Lord's Storehouse:** Emergency food box, clothing.

*Lebanon:* First Assembly of God Church, 726 W Oak ..... 541-259-1464  
www.firstassemblylebanonoregon.com/ministries  
.....contactus@firstassemblylebanonoregon.com  
Mon, Thu 10:00 am - 1:30 pm

**St. Vincent de Paul:**

*Lebanon:* 233 2nd St ..... 541-258-5405  
Wed 9:00 am - 11:00 am – rent, utility assistance  
Wed 11:00 am - 4:00 pm – emergency food box

**The Salvation Army:** Emergency food box.

*Albany:* 345 Columbus St ..... 541-928-4774  
www.salvationarmy.usawest.org  
Mon, Wed, Fri 9:00 am - 11:45 am – food boxes and other needs

**Seventh-Day Adventist Community Service Center:** Emergency food box, free clothes, dishes, bedding.

*Sweet Home:* 300 Holley Rd/Hwy 228 ..... 541-367-4524  
sweethome22.adventistchurchconnect.org  
Mon 9:00 am - 12:00 pm

**Sharing Hands:** Services limited to Central Linn School District area.

*Brownsville:* 107 W Bishop Way ..... 541-466-3110  
www.sharinghands.org  
Tue-Fri 9:00 am - 3:00 pm – emergency fund for utilities, prescriptions,  
rental assistance, gas, propane  
Tue-Sat 10:00 am - 3:00 pm – thrift shop  
Wed, Fri 10:00 am - 3:00 pm – food boxes

**Signs of Victory Food Bank:** Emergency food box, clothing available, open meal site.

*Albany:* 1122 Jackson St, SE ..... 541-967-8545  
www.signsofvictory.webs.com  
Mon-Fri 9:00 am - 6:00 pm

**Sweet Home Emergency Ministries (SHEM):** Emergency food box, clothing, propane, prescriptions, rent, utility assistance.

1115 Long St ..... 541-367-6504  
www.shemfoodbank.org ..... shemfoodbank@gmail.com  
Tue, Wed, Sat 9:00 am - 12:00 pm

## FOOD – SOUP KITCHENS & MEAL SITES

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### Benton County

**Corvallis Family Table:** Offers prepared meals "to go."

Tunison Center, 365 SW Tunison St

4th Thu of each month 4:30 pm - 6:00 pm – "to go" boxes available

[www.corvallisfumc.org/content/corvallis-family-table](http://www.corvallisfumc.org/content/corvallis-family-table)

..... [outreach@corvallisfumc.org](mailto:outreach@corvallisfumc.org)

**Meals on Wheels – Dining Site:** Coordinated through Cascades West Council of Governments (COG).

[www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/](http://www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/)

*Corvallis:* Chintimini Senior and Community Center

2601 NW Tyler Ave..... 541-753-1022

Mon-Fri 11:50 am

**Neighbor to Neighbor – Weekly Soup Kitchen:**

*Philomath:* College United Methodist Church,

1123 Main St..... 541-929-6614

[www.collegeumc.com/activities.html](http://www.collegeumc.com/activities.html) ..... [collegeumc@gmail.com](mailto:collegeumc@gmail.com)

Tue 5:30 pm - 6:30 pm

**Stone Soup Program:** *Corvallis* ..... 541-757-1988

[www.stonesoupcorvallis.org](http://www.stonesoupcorvallis.org) ..... [stonesoupinfo@comcast.net](mailto:stonesoupinfo@comcast.net)

*First Christian Church:* 602 SW Madison Ave

Tue 5:30 pm - 6:30 pm; Sat 10:00 am - 11:00 am; Sun 5:00 pm - 6:00 pm

*St. Mary's Stone Soup Kitchen:* 501 NW 25th St

Mon, Thu 5:30 pm - 6:30 pm; Wed, Fri 11:30 am - 12:30 pm

### Linn County

**Albany Helping Hands:** Shelter.

619 9th St, SE ..... 541-926-4036

[www.albanyhelpinghands.com](http://www.albanyhelpinghands.com) ..... [wecare@albanyhh.org](mailto:wecare@albanyhh.org)

Sun-Sat breakfast 7:00 am - 8:00 am

lunch 12:00 pm - 1:00 pm

dinner 5:00 pm - 6:00 pm

**Boys and Girls Club of Albany:** After-school meals.

1215 Hill St, SE ..... 541-926-6666

[www.bgc-albany.org](http://www.bgc-albany.org) ..... [info@bgc-albany.org](mailto:info@bgc-albany.org)

**Lebanon Soup Kitchen:** Blankets, sleeping bags, diapers.

First Christian Church, 170 E Grant St ..... 541-451-7667

[www.fcclebanon.org/soup-kitchen.php](http://www.fcclebanon.org/soup-kitchen.php) ..... [lebanonfcc@comcast.net](mailto:lebanonfcc@comcast.net)

Mon, Wed, Fri 4:30 pm - 5:30 pm

**Meals on Wheels – Dining Site:** Coordinated through Cascades West Council of Governments (COG).

[www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/](http://www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/)

*Albany:* Albany Senior Center

489 Water Ave, NW..... 541-967-7647

Mon-Fri 11:30 am

**Mid-Willamette Family WMCA:** Youth and teen summer meal program.

3311 Pacific Blvd, SW ..... 541-926-4488

[www.ymcaalbany.org](http://www.ymcaalbany.org) ..... executive@ymcaalbany.org

Mon-Thu 5:00 pm - 5:30 pm

**Real Bowls Real People:**

*Lebanon:* River Park, 1255 E Grant St ..... 541-409-6648

Sun 1:30 pm - 2:30 pm

**Saint Mary's Soup Kitchen:**

*Albany:* 820 Ellsworth St, SW ..... 541-926-8562

[www.stmarysalbany.com/soup-kitchen](http://www.stmarysalbany.com/soup-kitchen)

..... stmarysoffice\_albany@comcast.net

Mon, Wed, Fri 5:00 pm - 6:00 pm

**Sweet Home Emergency Ministries (SHEM) Manna Soup Kitchen:**

United Methodist Church, 845 6th Ave ..... 541-367-6504

[www.shemfoodbank.org/available-services/](http://www.shemfoodbank.org/available-services/) .... shemfoodbank@gmail.com

Tue, Wed, Fri 5:00 pm - 6:00 pm

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## FOOD & FIREWOOD GLEANING

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**Linn Benton Food Share:** Refers participants and volunteers to local groups. Refers donors of surplus food and wood to local gleaning groups. Contact Gleaning Programs Coordinator.

*Corvallis:* 545 SW 2nd St, Ste A ..... 541-758-2645

Mon-Fri 8:00 am - 5:00 pm

*Gleaners:* People who are able-bodied volunteers with low incomes gather crops, surplus, or salvaged foods and firewood to share equally with adoptees, who are elderly and/or disabled individuals with low incomes. Gleaners also share with partner agency food banks and agencies that serve meals. There are 14 gleaning groups in Benton and Linn Counties:

*Albany:*

Albany Gleaners

Helping Hands

Mid-Valley Gleaners

*Alsea:*

Alsea Valley Gleaners

*Brownsville, Halsey, Peoria,*

*Shedd:*

Central Valley Harvesters

*Corvallis:*

Marys River Gleaners

*Crabtree, Jefferson, Scio:*

North Santiam Gleaners

*Halsey*

Central Valley Gleaners

*Harrisburg:*  
 Harrisburg Harvesters  
*Lebanon:*  
 Lebanon Gleaners  
*Mill City:*  
 Canyon Gleaners  
*Monroe:*  
 South Benton County  
 Gleaners

*Philomath:*  
 Philomath Community  
 Gleaners  
*Sweet Home:*  
 Fair Share Unlimited  
 Sweet Home Gleaners

To join a gleaning group, call the Gleaning Programs Coordinator.  
 ..... 541-758-2645  
[www.communityservices.us/nutrition/detail/category/gleaning-programs](http://www.communityservices.us/nutrition/detail/category/gleaning-programs)

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## FURNITURE & HOUSEHOLD ITEMS

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**The Arc Resale:**

[www.arcbenton.org](http://www.arcbenton.org)  
*Corvallis:* 928 NW Beca Ave ..... 541-754-9011  
 Mon-Sun 10:00 am - 5:30 pm  
*Philomath:* 936 S Main St..... 541-929-3946  
 Mon-Sat 10:00 am - 5:30 pm, Sun 12:00 pm - 5:30 pm

**Benton Furniture Share:** Volunteers pick up, clean, repair, and deliver furniture to people who need it. Referral from social service agency.

*Corvallis:* 155 SE Lilly Ave ..... 541-754-9511  
[www.furnitureshare.org](http://www.furnitureshare.org)  
 Tue-Fri 9:00 am - 4:00 pm – client services and donations

**Fish of Albany:** Kitchen items, toiletries.

1880 SE Hill St ..... 541-928-4460  
[www.fishofalbany.com](http://www.fishofalbany.com) ..... [fishofalbany@integra.net](mailto:fishofalbany@integra.net)

**Goodwill Industries:**

*Albany:* 1605 Pacific Blvd ..... 541-928-3261  
 Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm  
*Corvallis:* 1325 NW 9th St  
 Mon-Fri 9:00 am - 9:00 pm; Sat 9:00 am - 8:00 pm; Sun 10:00 am - 7:00 pm

**Habitat for Humanity Restore:** Discount home improvement store.

*Albany:* 1225 SE 6th Ave..... 541-924-1450  
[www.albanyareahfh.org/restore.htm](http://www.albanyareahfh.org/restore.htm)..... [storemanager@albanyrestore.org](mailto:storemanager@albanyrestore.org)  
*Corvallis:* 4749 SW Philomath Blvd ..... 541-752-6637  
[www.bentonhabitat.org/restore/](http://www.bentonhabitat.org/restore/)

**Heartland Humane Society Thrift Shop:**

*Corvallis:* 411 SW 3rd St..... 541-757-0573  
www.heartlandhumane.org/thrift-shop/  
Mon-Sat 10:00 am - 5:00 pm

**June's Kids' Kloset:** Provides free donated clothing for babies and youth through high school and baby furniture to parents with low incomes or anyone in need.

*Philomath:* 360 S 9th St..... 541-929-2499  
Tue 6:00 pm - 8:00 pm; Thu 9:00 am - 2:00 pm

**Love In the Name of Christ (INC):** Referral, transportation, home needs, lends durable medical equipment, bicycles accepted to repair and be donated to low-income children and families, towels and bedding, personal hygiene closet.

*Albany:* 1606 Santiam Hwy ..... 541-924-5683  
www.lovelinn.org .....lovelinncc@lovelinn.com  
*Corvallis:* 2330 NW Professional Dr, Ste 102..... 541-757-8111  
www.yourloveinc.org ..... admin@yourloveinc.org

**Mercy House International, Inc.:** Safety and assistance for women and their children at risk. Crisis and financial referrals, financial assistance, furniture and household items.

..... 541-928-6909  
www.1sthandseconds.org..... coo@1sthandseconds.org

**OSU Folk Club Thrift Shop**

*Corvallis:* 144 NW 2nd St..... 541-752-4733  
Early-Jun to mid-Sep Tue-Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm  
Mid-Sep to early-Jun Tue-Thu 9:30 am - 5:00 pm; Fri 9:30 am - 2:30 pm; Sat 10:00 am - 12:00 pm

**SafeHaven Thrift and Gift:** Clothing, furniture, kitchen ware, etc.

33650 Hwy 99E ..... 541-791-9621

**St. Vincent de Paul:** Household items, rent and utility assistance.

*Lebanon:* 233 2nd St..... 541-258-5405  
Wed 9:00 am - 11:00 am – rent and utility assistance  
Wed 11:30 am - 3:30 pm – household items

**Seventh-Day Adventist Community Services Center:** Free dishes, bedding, and clothing.

*Sweet Home:* 300 Holley Rd/Hwy 228 ..... 541-367-4524  
www.sweethome22.adventistchurchconnect.org .....  
..... sweethomesda@yahoo.com  
Mon 9:00 am - 1:00 pm

**Sharing Hands Thrift Shop:**

*Brownsville:* 107 W Bishop Way..... 541-466-3110  
www.sharinghands.org..... sharinghands@peak.org  
Tue-Sat 10:00 am - 4:00 pm

**Sweet Home Emergency Ministries (SHEM) Carmen's Closet:** Free household items, clothing, shoes, and hygiene items; assistance with re-location necessities. Provides fire-burnout victims with household items, blankets, furniture, and clothing.

3031 Hwy 20..... 541-367-6504 or 541-367-7290  
www.shemfoodbank.org.....shemfoodbank@gmail.com

**Sweet Home Gleaners, Inc., Thrift Store:**

3031 Main St/U.S. Hwy 20..... 541-367-3190  
www.sweethomegleaners.org  
.....sweethomegleaners@sweethomegleaners.org  
Mon-Sat 9:00 am - 4:00 pm

**Vina Moses Center:** Free clothing and household items to low-income Benton County residents (provide proof of residence). Diapers when available.

*Corvallis:* 968 NW Garfield Ave..... 541-753-1420  
www.vinamoses.org  
Mon-Fri 9:00 am - 11:00 am, 1:00 pm - 3:00 pm  
first Sat of each month 9:00 am - 12:00 pm

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**GAMBLING**

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**Gambling Addiction:** *Toll-free*..... 877-MY-LIMIT (695-4648)  
www.1877mylimit.org

**Linn County Department of Human Services:** ..... 541-967-3888  
www.co.linn.or.us.....linhsadmin@co.linn.or.us

**National Council on Problem Gambling:**

*Toll-free*..... 800-522-4700  
www.ncpgambling.org.....ncpgambling.org/chat

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**HOUSING**

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**Albany Partnership for Housing and Community Development:**

Provides affordable housing for Albany residents with restricted incomes; transitional housing.

*Main Office:* 2078 6th Ave, SE..... 541-926-5451  
www.albanypartnership.org

*Housing Sites:*

*ParkRose:* 2078 6th Ave, SE..... 541-926-5451  
.....parkrose@aphcd.org

*Parkside Court*: 715 24th Ave, SE #1 ..... 541-928-5612  
 ..... parkside@aphcd.org  
*Periwinkle Place*: 1700 Periwinkle Cir, SE..... 541-924-3997  
 ..... periwinkle@aphcd.org  
*Songbird Village*: 215 21st Ave, SE..... 541-924-1003  
 ..... songbird@aphcd.org

**Community Services Consortium (CSC):** Offers a variety of housing services to clients with housing needs.

www.communityservices.us ..... info@communityservices.us

*Emergency and Transitional Housing Programs:* Emergency/transitional housing programs assist low-income households who are homeless or at risk of homelessness transition into or maintain permanent, affordable housing. Rental deposit assistance.

*Benton County/Corvallis:* 545 SW 2nd St, Ste A..... 541-758-2632

*Linn County/Albany:* 250 SW Broadalbin St, SW, Ste 2A. 541-928-6335

*Supportive Services for Veterans Families:* Promotes housing stability among very-low-income veteran families residing in or transitioning to permanent housing.

*Benton County/Corvallis:* 545 SW 2nd St, Ste A..... 541-752-1010

*Linn County/Albany:* 250 SW Broadalbin St, SW, Ste 2A. 541-928-6335

..... ssvf@communityservices.us

*Weatherization Program:* Offers free weatherization services to low-income homeowners and renters in Benton, Lincoln, and Linn Counties, including weather stripping, insulation, duct sealing, and furnace inspection.

*Corvallis* ..... 541-758-2616 or 541-758-2627

**Corvallis (City of) Housing & Neighborhood Services Division:** Assists with landlord/tenant and habitability issues, sub-standard housing conditions.

501 SW Madison Ave ..... 541-766-6944

www.corvallisoregon.gov ..... housing@corvallisoregon.gov

**Fair Housing Council of Oregon:** Discrimination/rental housing issues.

*Portland:* 1221 SW Yamhill St #305..... 503-223-8197

*Toll-free*..... 800-424-3247

**Habitat for Humanity:** Provides subsidized home acquisition and home ownership through community efforts. No emergency services. Application process.

*Albany:* (public school district area) 1538 Queen St, SE..... 541-967-4030

www.albanyareahfh.org ..... aahfh@peak.org

*Benton County/Corvallis:* 4840 SW Philomath Blvd..... 541-752-3354

www.bentonhabitat.org

*Lebanon*..... 541-405-5213

www.lebanonoregonhabitat.com

**Housing Discrimination Hotline (Community Services Consortium):**

..... 541-704-7649  
www.communityservices.us ..... fairhousing@communityservices.us

**Housing Shelter:** See "Shelter for Homeless."

**Linn-Benton Housing Authority:** Housing assistance for lower-income families, elderly, and disabled individuals. "Section 8" housing choice vouchers.

*Albany:* 1250 Queen Ave, SE ..... 541-926-4497 or 541-928-6901  
*TDD*..... 541-926-8338  
www.l-bha.org ..... mail@l-bha.org  
Mon-Thu 8:00 am - 5:00 pm

**Lovelace Development, LLC:** Low-income senior housing for those 55 years old and older capable of living independently.

*Lebanon:* Stillwater Apartments, 1811 S 2nd St..... 541-258-8690  
www.lovelacedevelopment.com ..... stillwater@lovelacedevelopment.com

**Signs of Victory Freedom Road House:** Transitional housing.

*Albany:* 1100 Jackson St, SE ..... 541-928-6927  
www.signsofvictory.webs.com

**United States Department of Housing and Urban Development:**

*Regional Housing Discrimination Office/Seattle* ..... 800-877-0246  
www.hud.gov

**Willamette Neighborhood Housing Services (WNHS):** Homeownership center, financial fitness classes, financial literacy program, affordable housing.

*Corvallis:* 257 SW Madison Ave ..... 541-752-7220  
*Toll-free*..... 800-403-0957  
www.w-nhs.org ..... info@w-nhs.org

**Rehabilitation**

**Habitat for Humanity Restore:** Discount home improvement store.

*Albany:* 1225 SE 6th Ave..... 541-924-1450  
www.albanyareahfh.org/restore.htm..... storemanager@albanyrestore.org  
*Corvallis:* 4840 SW Philomath Blvd ..... 541-752-6637  
www.bentonhabitat.org/restore

**INFORMATION & REFERRAL**

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**211.org** ..... 2-1-1  
www.211info.org .....text ZIP Code to 898211 for mobile service  
Mon-Fri 8:00 am - 7:00 pm; Sat, Sun 8:00 am - 6:00 pm

**American Red Cross:**

*Albany:* 3388 Pacific Blvd, SW ..... 541-926-1543



**Collaborative Problem Solving:** Parenting support group focused on families and caregivers of teens and children struggling with difficult behaviors. Five- and ten-week classes available in Albany, Harrisburg, Lebanon, Scio, and Sweet Home.

..... 541-704-0221 or 541-730-8716  
www.parentingtogether.us

**Community Outreach, Inc. (COI):** Information and referral, emergency shelter, case management, telephone and message service.

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

**Community Services Consortium (CSC):** Information and referral to services in Benton and Linn Counties.

*Albany:* 250 Broadalbin St, SW, Ste 2A ..... 541-928-6335  
*Corvallis:* 545 SW 2nd St, Ste A ..... 541-752-1010  
www.communityservices.us ..... info@communityservices.us

**Families and Community Together (FACT):** Helps families and students in Albany school system seeking access to health and social services.

*Albany:* 701 SE 19th St..... 541-924-3720  
www.albany.k12.or.us/departments

**Fish of Lebanon:** Identification cards.

First Presbyterian Church, 145 W Ash ..... 541-259-3200

**Greater Albany Public Schools Welcome Center/Centro de Bienvenida:** Language interpretation.

718 7th Ave, SW ..... 541-967-4525  
www.albany.k.12.or.us

**The H.A.R.T. Community Center:** Coordinates and offers many low- or no-cost services for Harrisburg residents. Public Internet access.

*Harrisburg:* 354 Smith Street ..... 541-995-7700  
www.ci.harrisburg.or.us or www.hartcommunitycenter.org  
..... admin@hartcommunitycenter.org

**Lebanon Basic Services:** Dental referrals, emergency financial aid, information.

3000 S Santiam Hwy..... 541-451-2171  
www.therivercenter.net/Lebanon-basic-service  
..... frontend@therivercenter.net

Mon 10:00 am - 4:00 pm by appointment

**Love In the Name of Christ (INC):** Referral, transportation, home needs, lends durable medical equipment, bicycles accepted to repair and be donated to low-income children and families, towels and bedding, personal hygiene closet.

*Albany:* 1606 Santiam Hwy ..... 541-924-5683  
www.lovelinn.org ..... lovelinncc@lovelinn.com  
*Corvallis:* 2330 NW Professional Dr, Ste 102..... 541-757-8111  
www.yourloveinc.org ..... admin@yourloveinc.org

**Medication Disposal:**

*Albany:* Albany Police Department  
2600 Pacific Blvd, SW ..... 541-917-7680  
[www.cityofalbany.net/departments/police](http://www.cityofalbany.net/departments/police)  
Drop-box in Department lobby available Mon-Fri 7:30 am - 6:30 pm.

*Philomath:* Philomath Police Department  
1010 Applegate St ..... 541-929-6911  
[www.ci.philomath.or.us](http://www.ci.philomath.or.us)  
Medications, in original containers, are accepted at Department Mon-Fri  
8:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm).

**Oregon Health Authority Public Health Division:** Birth, marriage, divorce, and death certificates.

800 NE Oregon St, Ste 505, Portland, OR 97232 .....  
..... 971-673-1222 or 971-673-1190  
[www.public.health.oregon.gov/BirthDeathCertificates](http://www.public.health.oregon.gov/BirthDeathCertificates)

**Oregon National Guard Family Program:**

*Albany:* 3800 Knox Butte Rd ..... 541-321-3056  
[www.oregonbtyr.org](http://www.oregonbtyr.org)  
Statewide ..... 503-584-2389 or 503-584-2391  
Mon-Fri 7:30 am - 4:30 pm

*After hours: Toll-free* ..... 800-511-6944

**Oregon SafeNet:** Helps people find free or low-cost health care and other services in their communities.

*Toll-free* ..... 800-SAFENET (723-3638)  
Mon-Fri 8:00 am - 6:00 pm

**Philomath Community Services:** Provides various social services to residents of Philomath and Western Benton County.

360 S 9th St ..... 541-929-2499

**Volunteer Interfaith Caregivers:** Transportation to medical appointments.

*Albany:* 930 SW Queen Avenue ..... 541-928-2173  
[www.volunteercaregivers.org/](http://www.volunteercaregivers.org/) ..... [vcweb930@aol.com](mailto:vcweb930@aol.com)

*Corvallis:* 501 NW 25th Street ..... 541-757-0980  
[www.caregiversvic.org/](http://www.caregiversvic.org/)

**Support Groups**

**Abuse Victims**

**Center Against Rape and Domestic Violence (CARDV):** 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.

*Corvallis office:* 4786 SW Philomath Blvd ..... 541-758-0219  
Local 24-hr hotline ..... 541-754-0110  
Toll-free 24-hr hotline ..... 800-927-0197  
[www.cardv.org](http://www.cardv.org) ..... [info@cardv.org](mailto:info@cardv.org)

**Alcohol Dependency:**

**Communities Helping Addicts Negotiate Change Effectively**

**(CHANCE):** Recovery support, classes, smoking cessation.

*Albany:* 238 3rd Ave, SE ..... 541-791-3411

*Lebanon:* 365 S Main ..... 541-258-6959

Mon-Fri 9:00 am - 5:00 pm, Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org ..... info@chancerecovery.org

**Linn County Department of Health Services**

*Lebanon:* 1600 S Main St..... 541-451-5932

*Sweet Home:* 799 Long St ..... 541-367-3888

www.co.linn.or.us/health/alcohol\_drug/ad.htm..... linnad@co.linn.or.us

**Breastfeeding:**

**Linn County Department of Health Services**

*Albany:* 104 4th Ave, SE ..... 541-967-3888

www.co.linn.or.us/health/public\_health/wic-bf.htm

..... linnhsadmin@co.linn.or.us

**Samaritan Health Services**

*Lebanon:* 525 N Santiam Hwy, Lactation Line ..... 541-451-7588

www.samhealth.org

**Co-Dependents Anonymous:**

**Communities Helping Addicts Negotiate Change Effectively**

**(CHANCE):** Recovery support, classes, smoking cessation.

*Albany:* 238 3rd Ave, SE ..... 541-791-3411

*Lebanon:* 365 S Main..... 541-258-6959

Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org..... info@chancerecovery.org

**Debt/Over-Spending:**

**Communities Helping Addicts Negotiate Change Effectively**

**(CHANCE):** Recovery support, classes, smoking cessation.

*Albany:* 238 3rd Ave, SE ..... 541-791-3411

*Lebanon:* 365 S Main..... 541-258-6959

Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org..... info@chancerecovery.org

**Parenting:**

**Family and Community Together (FACT):** Greater Albany Public

School District social services activity; parent support groups; parenting skills classes.

*Albany:* 701 SE 19th St..... 541-924-3720

www.albany.k12.or.us/departments

**Linn-Benton Community College (LBCC):** Home visiting, including

parenting, family wellness, crisis management, community resources, and mentoring; services to families with children through teen years.

*Albany:* 6500 Pacific Blvd, SW ..... 541-917-4882

**Oregon Family Support Network:** Peer support, education, and advocacy for families of children with mental health and behavioral challenges; Benton County: offers family partner, parent support groups, teen social group; Linn County: training on individualized education programs and Rehabilitation Act Section 504, trauma, and ThinkKids Collaborative Problem Solving.

*Salem:* 1300 Broadway St, NE, Ste 403..... 503-363-8068  
*Toll-free (parents only)* ..... 800-323-8521  
 Mon-Fri 9:00 am - 5:00 pm (office)  
[www.ofsn.org](http://www.ofsn.org)

- 2nd and last Tue of each month, 5:30 pm - 7:30 pm, Grace Lutheran Church
- Teens: 2nd Wed each month, 6:00 pm - 7:30 pm, Grace Lutheran Church

**Pregnancy and Post-Abortion**

**Options Pregnancy Resource Center:** Sexual abstinence education programs.

*Albany:* 1800 16th Ave, SE..... 541-924-0160  
[www.possiblypregnant.org](http://www.possiblypregnant.org) ..... [possiblypregnant@optionsprc.org](mailto:possiblypregnant@optionsprc.org)

**LEGAL & MEDIATION ASSISTANCE**

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**American Civil Liberties Union (ACLU) of Oregon:** Legal assistance in matters of civil liberties, discrimination, violation of free speech, etc.

*Benton and Linn Counties* ..... 541-754-6245 x148  
*Eugene*..... 541-345-6162  
*Portland* ..... 503-227-3186  
[www.aclu-or.org](http://www.aclu-or.org) ..... [info@aclu-or.org](mailto:info@aclu-or.org)

**Linn Benton Legal Aid and Senior Law:** Free legal assistance to low-income Oregonians.

*Albany:* 433 4th Ave, SW ..... 541-926-8678  
*Toll-free*..... 800-817-4605  
 Mon-Fri 9:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)  
[www.oregonlawhelp.org](http://www.oregonlawhelp.org)

**Modest Means Program:** Affordable legal assistance through referral by the Oregon State Bar. Complete and submit application.

*Toll-free*..... 800-452-7636  
[www.oregonstatebar.org/public/ris/](http://www.oregonstatebar.org/public/ris/) ..... [legalhelp@oregonstatebar.org](mailto:legalhelp@oregonstatebar.org)

**Neighbor-to-Neighbor Mediation:** Free, confidential mediation; juvenile delinquency diversion counseling, parent/teen, neighbors, roommates, landlord/tenant, financial disputes.

*Albany:* 308 Broadalbin St, SW ..... 541-223-4189  
[www.n2nmediation.org](http://www.n2nmediation.org)..... [n2nbentonlinn@gmail.com](mailto:n2nbentonlinn@gmail.com)

**Neighborhood Dispute Resolution:** Resolutions Northwest facilitates honest conversation to resolve conflict and advance racial and social justice.

*Portland:* 1827 NE 44th Ave ..... 503-595-4890  
www.resolutionsnorthwest.org ..... info@resolutionsnorthwest.org

**Oregon Mediation Association:** Assistance finding a mediator.

*Portland:* ..... 503-872-9775  
www.omediate.org ..... oma@oregonmediationassn.org

**Pastoral Counseling Center:** Individual, couple, and family counseling.

*Albany:* First Christian Church, 432 Ferry St, SW ..... 541-753-9217 x1  
*Corvallis:* First Christian Church, 602 SW Madison Ave ..... 541-753-9217  
*Lebanon:* 1890 S 2nd St..... 541-451-5015  
www.pastoralcounseling-oregon.org

**Tel-Law:** Legal information provided by Oregon State Bar.

*Tigard:* 16037 SW Upper Boones Ferry Rd ..... 503-620-0222  
*Toll-free*..... 800-452-8260  
www.osbar.org ..... info@osbar.org

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## MEDICAL

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**Acquired Immune Deficiency Syndrome (AIDS):**

**Benton County Health Department:**

*Corvallis:* 530 NW 27th St..... 541-766-6839 or 541-936-1771  
www.co.benton.or.us/health

**Linn County Health Department**

*Albany:* 2730 Pacific Blvd, SE ..... 541-967-3888 or 541-936-1771  
www.co.linn.or.us/health/public\_health ..... linnhsadmin@co.linn.or.us  
Hotline: *Toll-free*..... 800-777-2437

**Valley AIDS Information Network, Inc.**

*Corvallis:* 1115 SE Park Ave..... 752-752-6322  
*Toll-free* ..... 800-588-2437  
www.valleyaidsinfo.org..... valleyaidsinfo@gmail.com

**Alsea Rural Health Care:**

435 E Elder St ..... 541-487-7116  
www.alseaclinic.org  
Mon, Wed, Thu 8:30 am - 4:00 pm; Tue 1:00 pm - 5:30 pm

**Alzheimer's Association:**

*Eugene:* 1000 Willagillespie Rd, Ste 100  
*Portland:* 1650 NW Naito Parkway, Ste 190  
*Salem:* 2615 Portland Rd, NE  
24-hour help line: *Toll-free* ..... 800-272-3900  
(calls automatically direct to nearest open office or to central office in  
*Chicago, Illinois*)

**Benton County Health Department:** Vaccinations, well baby care.

www.co.benton.or.us/health

**Benton Community Health Center:**

*Corvallis:* 530 NW 27th St..... 541-766-6835

**Benton Family Medicine:** Affordable medical care, dental care, immunization, mental health and addictions, and pharmacy services. Sliding fee scale.

*Corvallis:* 530 NW 27th St..... 541-766-6835  
Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 11:00 am - 7:00 pm

**East Linn Health Center:**

*Lebanon:* 100 Mullins Dr, Ste A-1 ..... 541-451-6920  
Mon, Wed 8:00 am - 7:00 pm (closed 1:00 pm - 2:00 pm)  
Tue, Thu, Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

**Lincoln Family Medicine:**

*Corvallis:* 121 SE Viewmont Ave..... 541-766-3546  
Mon, Wed 8:00 am - 8:00 pm; Tue, Thu, Fri 8:00 am - 5:00 pm

**Monroe Family Medicine/Monroe Health Center:**

610 Dragon Dr..... 541-847-5143  
Mon, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm

**Community Outreach, Inc. (COI) Medical Clinics:** Acute, outpatient care only. Services for low-income, uninsured patients with no access to other medical care. \$5 fee; if unable to pay, free.

865 NW Reiman Ave..... 541-758-3000  
[www.communityoutreachinc.org](http://www.communityoutreachinc.org)  
Mon, Fri 8:00 am; Wed 5:30 pm – sign up

**Hospice Care:** Provides supportive care services to terminally ill people and their families.

*Corvallis:* Benton Hospice Service, 2350 NW Professional Dr  
..... 541-757-9616  
*Toll-free:* ..... 800-898-9616  
[www.bentonhospice.org](http://www.bentonhospice.org)

*Albany:* Samaritan Evergreen Hospice, 4600 Evergreen Pl, SE  
..... 541-812-4662  
[www.samhealth.org/health-services/all-services/hospice-palliative-care](http://www.samhealth.org/health-services/all-services/hospice-palliative-care)

**Hospital and Urgent Care:** Vaccinations.

*Albany:*  
Samaritan Albany General Hospital  
1046 6th Ave, SW ..... 541-812-4000  
[www.samhealth.org](http://www.samhealth.org)  
open 24 hours each day  
Samaritan Urgent Care, Geary Street  
1700 Geary St, SE ..... 541-812-5500  
[www.samhealth.org](http://www.samhealth.org)  
Mon-Fri 8:00 am - 9:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am - 6:00 pm; holidays 10:00 am - 4:00 pm

Samaritan Urgent Care, North Albany  
400 NW Hickory St, Ste 303..... 541-812-5275  
www.samhealth.org  
Mon-Fri 10:00 am - 7:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -  
6:00 pm

*Corvallis:*

The Corvallis Clinic Immediate Care Center  
3680 NW Samaritan Dr..... 541-754-1282  
www.corvallisclinic.com  
Mon-Fri 8:00 am - 8:00 pm; Sat, Sun, 10:00 am - 5:00 pm

Good Samaritan Regional Medical Center  
3600 NW Samaritan Dr..... 541-768-5111  
www.samhealth.org  
open 24 hours each day

Samaritan Urgent Care, Corvallis  
5234 SW Philomath Blvd..... 541-768-4970  
www.samhealth.org  
Mon-Fri 8:00 am - 9:00 pm; Sat 9:00 am - 6:00 pm; Sun 10:00 am -  
6:00 pm

*Lebanon:*

Samaritan Lebanon Community Hospital  
525 N Santiam Hwy ..... 541-258-2101  
www.samhealth.org  
open 24 hours each day

Samaritan Urgent Care, Lebanon  
35 Mullins Dr, Ste 2..... 541-451-7915  
www.samhealth.org  
Mon-Fri 9:00 am - 9:00 pm; Sat, Sun 9:00 am - 6:00 pm

*Mill City:*

Santiam Hospital: Vaccinations, public clinics, family practice, well  
baby care.  
280 S 1st Ave ..... 503-897-4100  
www.santiamhospital.org

**Linn County Health Department Public Health Services:** Immunizations;  
nutritional program for women, infants, and children; communicable  
disease; family planning; human immunodeficiency virus (HIV)/Acquired  
Immune Deficiency Syndrome (AIDS) wellness; sexually transmitted  
diseases; Medicek examinations; maternal-child health.

www.co.linn.or.us/health

*Albany:* 315 4th Ave, SW ..... 541-967-3888

*Lebanon:* 1600 Main St..... 541-451-5932

*Sweet Home:* 799 Long St..... 541-367-3888

**Oregon Center for Children and Youth with Special Health Needs**

**(OCCYSHN):** A public health agency (through Oregon Health and Sciences University - OHSU) for children and youth with special health needs.

*Portland:* 707 SW Gaines St..... 503-404-8303

*Toll-free*..... 877-307-7070

<http://www.ohsu.edu/xd/outreach/occyshn>

**Oregon Health Plan:** Assistance enrolling in Oregon Health Plan.

*Corvallis:* 530 NW 27th St ..... 541-766-6835

[www.bentonlinnhealthcenters.org/affordable-care/enrollmenet-assistance](http://www.bentonlinnhealthcenters.org/affordable-care/enrollmenet-assistance)

**Oregon Helps:** A free pre-screener Internet service that determines whether applicants qualify for a range of public benefits.

[www.211info.org/oregonhelps.org](http://www.211info.org/oregonhelps.org)

**Oregon Poison Center:**

*Portland:* 3181 SW Sam Jackson Park Rd

*Toll-free*..... 800-222-1222

**Oregon Prescription Drug Program:** No age or income limits.

Administered by Moda Health: *Toll-free* ..... 800-913-4146

Enrollment questions: *Toll-free*..... 800-913-4284

**Oregon SafeNet:** Hotline linking low-income Oregon residents with health care and social services in their communities.

*Toll-free*..... 800-SAFENET (723-3638)

**Prescription Drug Assistance:** *Toll-free* ..... 855-991-8687

[www.rxassist.org](http://www.rxassist.org)

**Samaritan Health Services:**

[www.samhealth.org](http://www.samhealth.org)

*Albany:*

Calapooia Family Medicine: 1100 7th Ave, SW ..... 541-812-3349

Family Medicine – Geary Street: 1700 Geary St, SE ..... 541-812-5500

Albany InReach Services: 2730 Pacific Blvd, SE ..... 541-812-4059

Mid-Valley Children's Clinic: 734 Elm St, SW..... 541-812-5111

North Albany Medical Clinic: 400 Hickory St NW, Ste 300

..... 541-812-5700

Ob-Gyn: 705 Elm St, SW, Ste 200..... 541-812-4850

*Brownsville:*

Family Medicine – Brownsville: 157 Spaulding Ave..... 541-451-6940

*Lebanon:*

Lebanon Health Center: 675 N 5th St..... 541-451-7820

Main Street Family Medicine: 191 N Main St ..... 541-451-7940

Mid-Valley Medical Plaza: 425 Santiam Hwy ..... 541-451-7800

**Samaritan Medication Assistance Program:** Follow instructions in recorded message.

*Albany* ..... 541-812-5078



## Mental Health

**ABC House:** Child abuse counseling.

*Albany:* 1054 29th Ave, SW ..... 541-926-2203  
www.abchouse.org.....info@abchouse.org

**Benton County Health Department Mental Health Division:** Mental health counseling, support groups, peer mentoring, and crisis line.

*Corvallis:* 530 NW 27th St ..... 541-766-6835  
www.co.benton.or.us/health

Mon, Tue, Thu, Fri 8:00 am - 5:00 pm; Wed 10:00 am - 7:00 pm

After-hours Mental Health Crisis: *Toll-free* ..... 888-232-7192

**Canyon Crisis and Resource Center:**

*Mill City:* 825 Santiam Blvd ..... 541-897-2327  
..... ccrisisc@gmail.com

**Center Against Rape and Domestic Violence (CARDV):** 24-hr hotline, advocacy, counseling, and support groups; shelter for battered women, men, and children; safety plan.

*Corvallis office:* 4786 SW Philomath Blvd..... 541-758-0219

24-hr hotline ..... 541-754-0110

24-hr hotline *Toll free* ..... 800-927-0197

www.cardv.org.....info@cardv.org

**Communities Helping Addicts Negotiate Change Effectively**

**(CHANCE):** Peer Support Mentors, recovery support, classes, smoking cessation.

*Albany:* 238 3rd Ave, SE ..... 541-791-3411

*Lebanon:* 365 S Main..... 541-258-6959

Mon-Fri 9:00 am - 5:00 pm; Sat 12:00 pm - 5:00 pm (both locations)

www.chancerecovery.org.....info@chancerecovery.org

**Community Outreach, Inc. (COI):** Mental health counseling services.

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000

www.communityoutreachinc.org

**Family Tree Relief Nursery (FTRN):** Free classes and support for parents in stress with children younger than 6 years old.

*Albany:* 1305 Hill St, SE..... 541-967-6580

www.familytreern.org

**Linn County Health Department Mental Health Division:** Mental health counseling, support groups, and crisis line. Early Assessment and Support Alliance (EASA) program for teens with early signs of psychosis.

*Albany:* 445 SW 3rd Ave ..... 541-967-3866

www.co.linn.or.us/health/mental\_health/crisis.htm

*Toll-free*..... 800-304-7468

Mon-Fri 8:30 am - 5:00 pm

**Old Mill Center:** Healthy families and child, teen, and family counseling.  
Mental health support classroom.

*Corvallis:* 1650 SW 45th Pl ..... 541-757-8068  
www.oldmillcenter.org ..... contact@oldmillcenter.org

**Pastoral Counseling Center:** Individual, couple, and family counseling.

*Albany:* First Christian Church, 432 Ferry St, SW ..... 541-753-9217 x1

*Corvallis:* First Christian Church, 602 SW Madison Ave ..... 541-753-9217

*Lebanon:* 1890 S 2nd St..... 541-451-5015

www.pastoralcounseling-oregon.org

**Trillium Family Services – Mid-Willamette Valley Region:** Transitional mental health services.

*Corvallis:* 4455 NE Hwy 20 ..... 541-757-1852

www.trilliumfamily.org ..... info@trilliumfamily.org

### **Sexually Transmitted Disease (STD)**

**Oregon Human Immunodeficiency Virus (HIV)/STD Hotline:** Operated by Cascade Acquired Immune Deficiency Syndrome (AIDS) Project

*Portland:* 208 SW 5th Ave, Ste 800 ..... 503-223-2437

*Toll-free*..... 800-777-AIDS (2437)

*En Español:* ..... 800-499-6940

**Valley AIDS Information Network, Inc.**

*Corvallis:* 1115 SE Park Ave ..... 752-752-6322

*Toll-free* ..... 800-588-2437

www.valleyaidsinfo.org ..... valleyaidsinfo@gmail.com

### **MEDICAL HEALTH INSURANCE**

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**Family Health Insurance Assistance Program (FHIAP):** Assists with subsidy to qualified people or families for health insurance plan.

*Salem:* 250 Church St, SE, Ste 200

*Toll-free*..... 888-564-9669

**Health Navigators (Community Health Centers of Benton and Linn Counties):** Assistance obtaining health insurance and navigating health systems. Multiple locations throughout both counties.

*Corvallis:* 530 NW 27th St ..... 541-766-6835

**Oregon Health Plan (OHP):** Provides health insurance to qualified citizens; includes dental services.

*Salem:* Health Systems Division, 500 Summer St, NE  
Administration ..... 503-945-5772  
Toll-free ..... 800-527-5772  
Application Center: *Toll-free*..... 800-699-9075  
Customer Service: *Toll-free*..... 800-273-0557 or 800-699-9075  
TTY ..... 771  
[www.oregon.gov/oha/healthplan](http://www.oregon.gov/oha/healthplan)

**Oregon Medical Insurance Pool (OMIP):** Established for Oregon residents unable to obtain individual health insurance coverage; administered through Regence BlueCross BlueShield

*Portland:* 2110 SW Jefferson St, 3rd Flr ..... 503-608-7768  
Toll-free..... 866-530-7743  
[www.myoregonhealthinsurance.com](http://www.myoregonhealthinsurance.com) ..... [contact@centurybenefits.com](mailto:contact@centurybenefits.com)

**Retired Senior Volunteer Program (RSVP) and Foster Grandparents (FGP):**

*Albany:* 1400 SE Queen Ave, Ste 206 ..... 541-812-0849  
[www.rsvpoflbl.org](http://www.rsvpoflbl.org)

**Senior Health Insurance Benefits Assistance (SHIBA):**

*Albany Senior Center:* 489 Water Ave, NW ..... 541-917-7760  
*Corvallis Senior Center:* 2601 NW Tyler Ave ..... 541-766-6959  
*Lebanon Senior Center:* 80 Tangent St..... 541-258-4919  
*Sweet Home Senior Center:* 880 18th Ave..... 541-367-4775  
State office *Toll-free:* ..... 800-722-4134  
[www.oregon.gov/dcbs/shiba](http://www.oregon.gov/dcbs/shiba)

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## MENTORING

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**Y-Mentoring:** Albany YMCA matches adults with children and teens for mentoring and friendship.

*Albany* ..... 541-926-4488 x306  
[www.ymcaalbany.org](http://www.ymcaalbany.org)

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## PREGNANCY & PARENTING SUPPORT

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**Family and Community Together (FACT):** Greater Albany Public School District social services activity; parent support groups; parenting skills classes.

*Albany:* 701 SE 19th St..... 541-924-3720  
[www.albany.k12.or.us/departments](http://www.albany.k12.or.us/departments)

**Family Connections:** Parents' advice line, support, and referral; child care resources and referral; lifespan respite care and training for child care providers; services provided through Linn-Benton Community College.

*Albany:* 6500 Pacific Blvd, SW ..... 541-917-4899

*Toll-free*..... 800-845-1363

**Family Tree Relief Nursery:** Support service to parents experiencing stress with children younger than 6 years old. Free to eligible Linn County families.

*Albany:* 1305 Hill St, SE..... 541-967-6580

[www.familytreern.org](http://www.familytreern.org)

**Fish Guest House:** Transitional housing, shelter for pregnant and parenting teens, emergency prescriptions, counseling, and referrals; operated through Fish of Albany.

*Albany:* 1880 Hill St, SE..... 541-928-4460

[www.fishofalbany.com](http://www.fishofalbany.com) ..... [fishofalbany@integra.net](mailto:fishofalbany@integra.net)

**Healthy Families of Linn and Benton Counties:** Information, support, and home visits to first-time parents.

*Benton County/Corvallis:* 1650 SW 45th Pl ..... 541-757-8068

*Linn County/Albany:* 1113 SE Hill Street ..... 541-666-2946

[www.oldmillcenter.org](http://www.oldmillcenter.org)

**Options Pregnancy Resource Center:** Physician referrals; pregnancy, parenting, and post-abortion support groups.

*Albany:* 1800 16th Ave, SE..... 541-924-0160

*Corvallis:* 867 NW 23rd St ..... 541-758-3662 or 541-757-9645

[www.optionsprc.org](http://www.optionsprc.org) ..... [possiblypregnant@optionsprc.org](mailto:possiblypregnant@optionsprc.org)

**Planned Parenthood:** *Toll-free* ..... 800-230-7526

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**Pregnancy Care Center:**

*Corvallis:* 867 NW 23rd St ..... 541-758-3662 or 757-9645

**Sweet Home Pregnancy Care:** Pro-life pregnancy counseling, pregnancy and parenting support.

1344 Main St..... 541-367-2477

[www.possiblypregnant.org](http://www.possiblypregnant.org) ..... [shpcc@comcast.net](mailto:shpcc@comcast.net)

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## SENIORS

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**Abuse Helpline:**

*Benton and Linn Counties/Albany* ..... 541-924-8418

*Toll-free*..... 888-896-1013

**Benefits Checkup:** Determines whether someone qualifies for benefits.

[www.benefitscheckup.org](http://www.benefitscheckup.org)

**Eldercare Locator:** *Toll-free* ..... 800-677-1116

**Experience Works:** Assists mature workers (55 years old and older) with employment search.

*Benton and Linn Counties/Albany:* ..... 541-812-8661  
[www.experienceworks.org](http://www.experienceworks.org)

**Grace Center for Adult Day Services:** Provides seniors and disabled adults opportunities for exercise, socialization, and cognitive therapy while their family caregivers receive the benefit of respite.

*Corvallis:* 980 NW Spruce Ave ..... 541-754-8417  
[www.gracecenter-corvallis.org](http://www.gracecenter-corvallis.org) ..... [office@gracecenter-corvallis.org](mailto:office@gracecenter-corvallis.org)

**Linn-Benton Housing Authority:** Housing assistance for lower-income families, elderly, and disabled individuals.

*Albany:* 1250 Queen Ave, SE ..... 541-926-4497  
*TDD* ..... 541-926-8338  
[www.l-bha.org](http://www.l-bha.org) ..... [mail@l-bha.org](mailto:mail@l-bha.org)  
Mon-Thu 8:00 am - 5:00 pm

**Medicare:** *Toll-free* ..... 800-633-4227 or 800-772-1213  
[www.medicare.gov](http://www.medicare.gov)

**Oregon Cascades West Council of Governments (COG):** A variety of services to help seniors live independently. Aging and Disability Resource Connection (ADRC) offers a single source of information and assistance on issues affecting older adults and people with disabilities, regardless their income.

*Albany:* 1400 Queen Ave, SE, Ste 205A ..... 541-967-8720  
*Toll-free* ..... 800-638-0510  
[www.ocwcog.org/seniors-disability/adrc](http://www.ocwcog.org/seniors-disability/adrc) ..... [adrcmail@ocwcog.org](mailto:adrcmail@ocwcog.org)

**Oregon Prescription Drug Program:** No age or income limits.

*Toll-free* ..... 888-411-6737  
[www.oregon.gov/oha/pharmacy/opdp](http://www.oregon.gov/oha/pharmacy/opdp)

**Prescription Drug Assistance:** Patient assistance programs operated by pharmaceutical companies to provide free medications to people who cannot afford to purchase their medications

[www.rxassist.org](http://www.rxassist.org) ..... [info@rxassist.org](mailto:info@rxassist.org)

**Protective Services:** Oregon Cascades West Council of Governments (COG) Senior and Disabled Services Adult Protective Services investigates alleged abuse and/or neglect of seniors and adults with disabilities.

*Albany:* 1400 Queen Ave, SE, Ste 206 ..... 541-967-8630  
[www.ocwcog.org/seniors-disability/adult-protective/](http://www.ocwcog.org/seniors-disability/adult-protective/)  
..... [adrcmail@ocwcog.org](mailto:adrcmail@ocwcog.org)  
Mon-Fri 8:00 am - 6:00 pm

**Retired Senior Volunteer Program (RSVP):** A Cascades West Council of Governments (COG) program that networks with non-profit organizations in Benton and Linn Counties needing volunteers, including Senior Health Insurance Benefits Assistance (SHIBA), Senior Peer Counseling, American Association of Retired Persons (AARP) Tax Aide, Service Learning, HandsOn Linn-Benton, offering a wide variety of volunteer positions.

*Albany:* 1400 SE Queen Ave, Ste 206 ..... 541-812-0849  
[www.rsvpoflbl.org](http://www.rsvpoflbl.org)

**Senior Centers**

*Albany:* Albany Senior Center: Multi-purpose community center operated by City of Albany Parks and Recreation Department; community resource, providing information on aging, supporting family caregivers, training professional and lay leaders and students, and developing innovative approaches to addressing aging issues; meal site; Senior Health Insurance Benefits Assistance (SHIBA); rent rebate/tax credit information.

489 Water Ave, NW ..... 541-917-7760  
[www.cityofalbany.net/departments/parks-and-recreation/seniorcenter/albany-senior-center](http://www.cityofalbany.net/departments/parks-and-recreation/seniorcenter/albany-senior-center)

*Corvallis:* Chintimini Senior and Community Center: Offers a variety of services and activities to older adults and links participants with resources offered by other agencies; provides information on aging, supports family caregivers, trains professional and lay leaders and students, and develops innovative approaches to addressing aging issues; meal site.

2601 NW Tyler Ave ..... 541-766-6959  
[www.corvallisoregon.gov](http://www.corvallisoregon.gov)

**Senior Companion Program:** A Samaritan Health Services program for senior volunteers assisting homebound seniors and disabled adults; volunteers receive a stipend and expense reimbursement.

*Linn and Benton Counties/Albany* ..... 541-812-4185

**Senior Meals Location Program:**

*Benton and Linn Counties/Albany* ..... 541-967-8630

*Toll-free* ..... 800-638-0510

*Albany:* Albany Senior Center

489 Water Ave, NW ..... 541-967-7647

Mon-Fri 11:30 am

*Brownsville:* Christian Church

117 N Main St ..... 541-466-5015

Tue, Thu 2:00 pm

*Corvallis:* Chintimini Senior and Community Center

2601 NW Tyler Ave ..... 541-753-1022

Mon-Fri 11:50 am

*Lebanon:* Lebanon Senior Center

80 Tangent St ..... 541-451-1139

Mon-Fri 12:00 pm

*Mill City:* First Presbyterian Church  
 236 W Broadway..... 503-897-2204  
 Tue, Thu 12:00 pm

*Sweet Home:* Sweet Home Community Center  
 880 18th St ..... 541-367-8843  
 Mon, Tue, Fri 12:00 pm

**Social Security:**

*Albany:* 1390 Waverly Dr, SE, Ste 110  
*Toll-free*..... 800-772-1213

**Visiting Angels of Willamette Valley:** Senior homecare; assistance with errands and shopping.

*Albany:* 250 Broadalbin St, SW, Ste 250..... 541-928-2061  
[www.visitingangels.com/assisted-senior-care-albany-oregon-97321\\_200](http://www.visitingangels.com/assisted-senior-care-albany-oregon-97321_200)  
 ..... [info@visitingangelsalbany.com](mailto:info@visitingangelsalbany.com)

**SHELTERS FOR HOMELESS**

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**Albany Helping Hands:** Emergency and transitional shelter, telephone, mail, and three meals each day; laundry and showers upon approval.

619 9th St, SE ..... 541-926-4036  
[www.albanyhelpinghands.com](http://www.albanyhelpinghands.com) ..... [wecare@albanyhh.org](mailto:wecare@albanyhh.org)  
 Sun-Sat

**Center Against Rape and Domestic Violence (CARDV):** Shelter, 24-hour hotline, legal advocacy, support groups, counseling.

*Corvallis*..... 541-754-0110  
*Toll-free*..... 800-927-0197  
[www.cardv.org](http://www.cardv.org)

**Community Outreach, Inc. (COI):** Homeless shelter for families and single men and women, medical clinic, 24-hour crisis line, kitchen, emergency food box, outpatient mental health.

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
[www.communityoutreachinc.org](http://www.communityoutreachinc.org)

**Corvallis Daytime Drop-In Center:** Warm, safe, quiet place for those in need; place to receive mail and access a telephone; referral to service agencies; shower shuttle; Community human immunodeficiency virus (HIV)/Harm Reduction Program; licensed counselors; schedule health clinic appointments; Homeless Employment Launching Project (HELP).

First Christian Church, 602 SW Madison Ave  
[www.corvallis.drop-in.org](http://www.corvallis.drop-in.org) ..... [cddc@corvallisddc.org](mailto:cddc@corvallisddc.org)  
 Mon-Fri 9:00 am - 2:00 pm  
 Jun-Aug Mon-Fri 9:00 am - 12:00 pm

**Corvallis Housing First**

425 SW Madison Ave, Ste Q1 ..... 541-224-1170  
www.corvallishousingfirst.org

.....executivedirector@corvallishousingfirst.org

.....casemanager@corvallishousingfirst.org

**Fish Guest House:** Transitional housing shelter for pregnant and parenting teens, emergency prescriptions and transportation, counseling and referrals.

*Albany:* 1880 SE Hill St..... 541-928-4460

www.fishofalbany.com/guest-house.html..... fishofalbany@integra.net

**Jackson Street Youth Services:** Provides emergency overnight transitional services, after-school program, tutoring, laundry facilities, living and life skills, mentoring; youth 10 to 17 years old.

*Albany House:* 240 SE 7th Ave ..... 541-220-2950

*Albany Drop-In Center:* 960 Queen Ave, SW ..... 541-220-2955

*Corvallis House:* 555 NW Jackson St..... 541-754-2404

www.jsysi.org

**Signs of Victory:** Provides emergency and transitional shelter to people and families, emergency food boxes, clothing, laundry facilities. Open meal site.

*Albany:* 1100 Jackson St, SW ..... 541-928-6927

www.signsofvictory.webs.com

Mon-Sat breakfast 7:00 am

Sun breakfast 8:00 am

lunch 12:30 pm

dinner 6:00 pm

**Sweet Home's Hope, Inc.:** Emergency housing for homeless Linn County women and children.

1080 12th Ave..... 541-367-4673

**Winter Shelters:** Nov15 through Mar 15.

*Corvallis:*

*Men:* 211 SE Chapman Pl..... 541-791-6691

first come, first served; open 7:00 pm until 7:00 am

(location may change each year)

*Women:* First United Methodist Church Community Hall, NW 12th St

and NW Jackson Ave ..... 541-289-9815

open 6:00 pm until 7:20 am

**TRANSPORTATION**

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**Albany Call-A-Ride**..... 541-917-7770

**Albany Transit System**

112 10th Ave, SW ..... 541-917-7667

www.cityofalbany.net/bus



**Amtrak**

Albany: 110 SW 10th St

Toll-free..... 800-872-7245

www.amtrak.com

**Cherriots Ride Share:** Operated by Salem-Keizer Transit.

555 Court St, NE, Ste 5230

Administration ..... 503-588-2424

Rider Information.....503-588-BUSS (2877)

Toll-free..... 888-323-7665

www.cherriots.org/en/services/rideshare ..... rideshare@cherriots.org

**Corvallis Transit System:** Free public transportation within Corvallis City Limits; connections to Linn-Benton Loop and Philomath Connection.

..... 541-766-6998

www.corvallisoregon.gov

**Dial-A-Bus**

*Benton County:* Provides wheelchair-accessible, curb-to-curb transportation, including a route between Corvallis and Albany, for seniors and people with disabilities in Benton County.

www.dialabus.org

*Corvallis:* 4077 SW Research Way ..... 541-753-5746

Schedule pick up ..... 541-752-2615

Schedule return..... 541-752-2665

*Lebanon:* Operates within Lebanon City Limits; call 24 hours in advance to schedule.

65 Academy St, Ste B..... 541-258-4919 or 541-258-4920

www.ci.lebanon.or.us/seniorservices

*Sweet Home:* Operates within Sweet Home City Limits; call 24 hours in advance to schedule.

880 18th Ave ..... 541-367-4775

www.linnshuttle.com

**Gas Money:** Emergency assistance.

Sharing Hands..... 541-466-3110

**Greyhound Bus Lines**

*Corvallis:* 153 NW 4th St ..... 541-757-1797

Toll-free..... 800-739-5020

www.shipgreyhound.com ..... greyhound.support@greyhound.com

**Linn-Benton Loop:** Operated by City of Albany, connecting with Albany and Corvallis Transit Systems and Philomath Connection.

..... 541-917-7667

www.cityofalbany.net/departments/public-works/transportation/linn-benton-loop

**Linn Shuttle:** (Albany, Lebanon, Sweet Home): Based at Sweet Home Senior and Community Center, this service links to several transportation systems at the Albany Amtrak station.

*Sweet Home:* 880 18th Ave..... 541-367-4775  
www.linnshuttle.com

**Motor Vehicles Division (Oregon Department of Transportation):**

*Albany:* 2242 Santiam Hwy, SE..... 541-967-2014  
*Corvallis:* 870 NE Circle Blvd..... 541-757-4191  
*Lebanon:* 2485 S 2nd St..... 541-451-1145  
www.oregon.gov/odot/dmv

**Oregon State Police Road Conditions**..... 800-977-6368

**Philomath Connection:** Operated by City of Corvallis; public transportation between Philomath and Corvallis, connecting with Corvallis Transit System and Linn-Benton Loop. .... 541-766-6998  
www.corvallisoregon.gov

**Volunteer Caregivers:** Transportation to medical appointments.

*Albany:* 930 Queen, SW..... 541-928-2173  
www.volunteercaregivers.org ..... volcaregivers@aol.com

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**UTILITIES**

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**Community Services Consortium (CSC):** Electricity, natural gas, propane, and water service assistance for low-income individuals.

*Benton County/Corvallis:* 545 SW 2nd St, Ste A ..... 541-752-2840  
*Linn County/Albany:* 250 Broadalbin St, SW, Ste 2A  
..... 541-928-6335 or 541-926-7163  
www.communityservices.us ..... info@communityservices.us

**Consumers Power:**..... 541-929-3124  
*Toll-free*..... 800-872-9036  
www.cpi.coop

**Fish of Albany:** 1880 SE Hill St..... 541-928-4460  
www.fishofalbany.com ..... fishofalbany@integra.net

**Fish of Lebanon:** Natural gas payment emergency assistance.  
First Presbyterian Church, 145 W Ash St ..... 541-259-3200  
Mon-Fri 9:00 am - 3:00 pm

**Northwest Natural:**..... 503-226-4211  
*Toll-free*..... 800-422-4012  
www.nwnatural.com

**Oregon Lifeline Information:** Telephone (landline and cellular) assistance program.  
*Toll-free*..... 800-848-4442

**Pacific Power:** *Toll-free* ..... 888-221-7070  
www.pacificpower.net

**St. Mary's Catholic Church**

*Corvallis:* 501 NW 25th St ..... 541-757-1988

**Salvation Army:** Assistance when funds are available; call for appointment.

*Albany:* ..... 541-928-4774

**Sharing Hands:** Natural gas payment emergency assistance.

*Brownsville:* 107 W Bishop Way ..... 541-466-3110

www.sharinghands.org ..... sharinghands@peak.org

**VETERANS**

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**Community Services Consortium (CSC) Supportive Services for**

**Veterans Families:** Promotes housing stability among very-low-income veteran families focused on obtaining permanent housing.

Benton and Linn Counties ..... 541-704-7638

www.commuityservices.us ..... ssvf@communityservices.us

**Oregon National Guard Family Program:** Military family service/support centers, family assistance program. Check Web site for current Family Assistance Specialist contact information.

www.oregon.gov/OMD/Documents/Family\_Assistance\_Contacts.pdf

**Oregon Veterans' Service Office:** Dental and vision care expense assistance; natural gas payment emergency assistance.

www.oregon.gov/odva/vsodirect

*Benton County/Corvallis:* 301 SW 4th St, Ste 140 ..... 541-758-1595

Mon-Fri 8:00 am - 4:00 pm (closed 12:00 pm - 1:00 pm)

www.ocwcog.org/seniors-disability/veterans/ ..... veterans@ocwcog.org

*Linn County/Albany:* 330 SW 3rd Ave ..... 541-967-3882

Disabled Veterans' Outreach Program Specialist ..... 541-812-8645

Local Veterans' Employment Representative ..... 541-812-8666

www.co.linn.or.us

Mon-Fri 8:30 am - 5:00 pm

2nd, 4th Wed 9:00 am - 4:00 pm – Sweet Home VFW Hall, Hwy 20

**Veterans Employment Services:** Through WorkSource Oregon.

www.oregon.gov/employ/jobseekers

Mon-Fri 8:00 am - 5:00 pm

**Central Oregon Coast**

**Lincoln County**

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## ABUSE

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### **Child Welfare Program, Department of Human Services (DHS):**

Receives reports of child abuse in Linn, Benton, and Lincoln Counties.

*Newport:* 119 NE 4th St, Ste 1..... 541-265-8557  
Caseworkers..... 541-757-4121  
Child Abuse Hotline: *Toll-free* ..... 866-303-4643 or 855-503-7233  
Hotline (Benton, Lincoln, and Linn Counties) ..... 541-757-5019  
Mon-Fri 8:00 am - 5:00 pm  
After hours/weekends, call police..... 9-1-1

**Children's Advocacy Center:** Personnel from law enforcement, prosecution, medical, and treatment agencies provide assessment and treatment to help reduce trauma for child victims of abuse.

*Newport:* 122 NE 47th St..... 541-574-0841  
*Toll-free*..... 866-954-8236  
www.childrensadvocacycenter.net ..... assistant@lccac.com  
Mon-Fri 8:00 am - 5:00 pm

**Domestic Violence:** Portland Women's Crisis Line (referral to local programs). *Toll-free*..... 888-235-5333

**Elder Abuse:** *Toll-free*..... 855-503-SAFE (7233)

**My Sister's Place:** Comprehensive support for those affected by interpersonal violence in Lincoln County; provides shelter and practical assistance, promotes community awareness, actively works to change community norms regarding violence.

*Newport:* 934 SW 8th St..... 541-574-9424  
Crisis Line ..... 541-994-5959  
*Toll-free*..... 800-841-8325  
www.mysistersplace.us ..... info@mysistersplace.us  
Mon-Thu 8:30 am - 4:30 pm; Fri 8:30 am - 3:00 pm

**National Child Abuse Hotline:** *Toll-free* ..... 800-422-4453

### **Oregon Department of Justice Victim Assistance Program:**

*Newport:* 255 W Olive St, Rm 100..... 541-265-3462  
www.co.lincoln.or.us

### **Oregon Network of Child Abuse Intervention Centers:**

*Toll-free*..... 855-503-SAFE (7233)

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## ALCOHOL & DRUG ABUSE

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### **Alcohol and Drug Help Line:**

*Toll-free*..... 800-621-1646  
www.aa-oregon.org

**Alcoholics Anonymous (AA):**

*Newport:* Lincoln County meeting information..... 541-265-1953  
www.aa-oregon.org  
*Hotline*..... 800-333-5051

**Communities Helping Addicts Negotiate Change Effectively**

**(CHANCE):** Recovery support services.

120 NE Avery Ave, Ste 6..... 541-272-3740  
www.chancverecovery.org

**Community Outreach, Inc. (COI):**

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

**Helping Hands Reentry Outreach Center:** Helping homeless people make sustainable changes to improve their lives.

*Seaside:* 1010 3rd Ave ..... 503-738-4321  
www.helpinghandsreentry.org ..... contact\_us@helpinghandsreentry.org

**Oregon Problem Gambling Resource:** Gambling treatment.

*Hotline*..... 800-233-8479  
www.opgr.org

**Lincoln County Council on Alcohol and Detoxification:** Drug rehabilitation primarily focused on substance abuse treatment and drug rehabilitation; specializes in residential short- and long-term drug rehabilitation programs, outpatient drug rehabilitation, and substance abuse day treatment.

*Newport:* 351 7th St..... 541-265-2971

**National Alcoholism and Substance Abuse Information Center:**

*Toll-free*..... 800-784-6776

**Partnership Against Alcohol and Drug Abuse (PAADA):** Community coalition helping youth and adults make healthy decisions and reduce use or abuse of alcohol, tobacco, and other drugs; participates on Lincoln County Juvenile Criminal Court Diversion Program Teen Justice Panel.

*Newport:* 324 N Coast Hwy..... 541-574-7890  
www.paada.org

**ReConnections Counseling:** Supporting sobriety and healthy living in treatment and recovery. Offices other than Newport are open by appointment only.

*Florence:* 1720 34th St ..... 541-997-1697  
*Lincoln City:* 2941 NW Hwy 101 ..... 541-994-4198  
*Newport:* 1010 SW Coast Hwy, Ste 307..... 541-574-9570  
Mon-Fri 9:00 am - 5:00 pm  
*Toledo:* 173 NE Hwy 20 ..... 541-336-5476  
www.reconnections.com

## BIRTH CONTROL & FAMILY PLANNING

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**Birthright International:** Provides support to women with unplanned pregnancies.

*Newport:* 145 NW 10th St ..... 541-265-2404

Helpline: *Toll-free* ..... 800-550-4900

[www.birthright.org](http://www.birthright.org)

Mon-Fri 10:00 am - 1:00 pm

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St ..... 541-265-6814

[www.newport.salvationarmy.org](http://www.newport.salvationarmy.org) ... [newport.corps@usw.salvationarmy.org](mailto:newport.corps@usw.salvationarmy.org)

Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Planned Parenthood:** *Toll-free* ..... 800-230-7526

[www.plannedparenthood.org](http://www.plannedparenthood.org)

## CHILDREN

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**Bright Horizons Therapeutic Riding Center:** Improves physical and emotional well being of people and their families through therapeutic equestrian activities, community education, communication, and teamwork; serves a broad range of riders (special needs, able-bodied, independent, and advanced).

*Siletz:* Walker Farms, 1925 E Logsdan Rd ..... 541-961-4156

Barn (only answered on riding days) ..... 541-444-2021

[www.brighthorizonsriding.org](http://www.brighthorizonsriding.org) ..... [contact@brighthorizonsriding.org](mailto:contact@brighthorizonsriding.org)

**Child Care Resources and Referral (CCRR) for Clatsop, Lincoln, and**

**Tillamook Counties:** A state-wide service by Oregon State University (OSU) Extension Service providing support for child care providers and parents seeking child care, with referral offices in each county. CCRR provides information and training on licensing requirements and issues regarding operating a child care business; it also provides referral information to parents.

*Newport:* 1211 SE Bay Blvd ..... 541-265-2558

*Toll-free* ..... 800-603-2728

[www.extensionoregonstate.edu/lincoln/family\\_care](http://www.extensionoregonstate.edu/lincoln/family_care)

..... [familycareconnection@oregonstate.edu](mailto:familycareconnection@oregonstate.edu)



**Children's Advocacy Center:** Personnel from law enforcement, prosecution, medical, and treatment agencies provide assessment and treatment to help reduce trauma for child victims of abuse.

*Newport:* 122 NE 47th St..... 541-574-0841  
*Toll-free*..... 866-954-8236  
www.childrensadvocacycenter.net .....assistant@lccac.com  
Mon-Fri 8:00 am - 5:00 pm

**Community Outreach, Inc. (COI):** Corvallis address not needed for service; appointments required; serves Oregon Health Plan and uninsured patients (outpatient alcohol, mental health, and drug rehabilitation); shelter for men, women, and families.

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

**Court-Appointed Special Advocates (CASA) of Lincoln and Tillamook Counties:** Advocates for neglected and abused children in juvenile court and community. By referral.

*Lincoln County/Newport:* 644 SW Coast Hwy ..... 541-265-3116  
www.casalincolntillamook.org .....info@casalincolncounty.org

**Family Promise of Lincoln County:** Provides shelter, meals, and comprehensive assistance to homeless and low-income families with children in Lincoln County while they seek to achieve sustainable, independent living.

*Lincoln City:* 5030 SE Hwy 101 ..... 541-614-0964  
www.familypromiseoflincolncounty.org

**Healthy Start – Healthy Families Oregon:** Parent education and support.

*Newport:* ..... 541-265-0436

**Lincoln City Community Center:** Recreation center; after-school and summer programs (youth 5 to 11 years old).

2150 NE Oar Pl..... 541-994-2131  
www.lincolncity.org

**Lincoln County Health and Human Services:**

*Newport:* 36 SW Nye ..... 541-265-4190  
Children's Behavioral Health ..... 541-265-4179  
    includes Parent Child Interaction Therapy (PCIT)  
Public Health..... 541-265-4112  
School-Based Health Centers..... 541-265-0581  
Women, Infants, and Children (WIC)..... 541-265-0578  
www.lincolncountyhealth.com ..... lchhs@co.lincoln.or.us  
Mon-Fri 8:00 am - 5:00 pm

**Neighbors for Kids:** Provides quality after-school and summer programs for Lincoln County school-aged youth. Programs provide educational enrichment, positive youth development, and recreational activities in safe environments, focusing on healthy lifestyles leading toward responsible, contributing adulthood. Supper programs.

*Depoe Bay:* 634 SE Hwy 101 ..... 541-765-8990  
www.neighborsforkids.org.....director@neighborsforkids.org  
Mon-Fri 3:00 pm - 6:00 pm; summer Tue-Fri 8:00 am - 5:30 pm

**Newport Recreation Center:** Programs for youth 3 to 12 years old; lunch and snack included.

*Newport:* 225 SE Avery St..... 541-265-7783  
www.newportoregon.gov/dept/par/programs  
Mon-Fri 7:45 am - 5:30 pm

**Oceana Family Literacy Center:** Programs for youth and adult learners; tutoring, classes, mini-courses, pre-school.

*Lincoln City:* 561 SW 29th St ..... 541-921-1865  
www.oceanacenter.com ..... contact@oceanacenter.com

**Oceanspray Family Center:** Operated by The Housing Authority of Lincoln County, the Center promotes self-sufficiency activities through collaboration and organized volunteer action. Youth and senior education programs; after-school activities (kindergarten to 5th grade), summer programs (middle school), leadership and community involvement (high school).

*Newport:* 1039 NW Nye St ..... 541-265-5326 x317  
www.halc.info/family\_center.htm  
Mon-Fri 1:00 pm - 5:30 pm

*Satellite Locations (call office):*

*Newport:* Agate Heights Community Room, 150 NE 60th Ave

*Newport:* Salmon Run Community Center, 7034 NE Echo Ct

*Toledo:* Fircrest, 1420 SE Fircrest Way

**Olalla Center for Families and Children:** Serves children with behavioral and/or emotional challenges and their families. Psychiatric day treatment, treatment for youth in a therapeutic setting, outpatient service, specialized day care. Operated by a team of professional staff, including psychiatrists, therapists, behavioral specialists, and skills trainers offering alternative approaches to children's mental health.

*Toledo:* 321 SE 3rd ..... 541-336-2254  
www.olallacenter.org  
Mon-Fri 8:30 am - 4:30 pm

**Oregon State University (OSU) Family Care Connection Child Care Resource and Referral for Clatsop, Lincoln, and Tillamook Counties:**

*Newport:* 1211 SE Bay Blvd..... 541-265-2558  
*Toll-free*..... 800-603-2728  
www.extension.oregonstate.edu/lincoln/family\_care  
.....familycareconnection@oregonstate.edu

Mon-Fri 8:00 am - 2:00 pm

**Self-Sufficiency Program, Department of Human Services (DHS):**

Employment-Related Day Care (ERDC) provides child care subsidies for low-income working families.

*Newport:* 120 NE Avery St..... 541-265-2248  
Mon-Fri 8:00 am - 5:00 pm

**Yachats Youth and Family Activities Program:** Provides a safe and supportive environment for children, advocates for youth and families, and provides and encourages activities that integrate youth into the community. After-school and summer programs, local educational and cultural opportunities, pre-school, family activities, indoor park, and emergency food.

Yachats Commons, 441 Hwy 101 N..... 541-547-4599  
www.yachatsyouth.org..... yapkids@peak.org  
Mon-Fri 10:00 am - 5:00 pm  
Mon-Fri 8:30 am - 4:30 pm – emergency food

**CLOTHING**

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**Another Time Around Bargain Warehouse:** Thrift shop.

*Newport:* 710 NE 3rd St..... 541-265-8989

**Cheap Frills Resale Clothing:**

*Newport:* 817 SW Hurbert ..... 541-265-9588

**Goodwill Industries Thrift Store:**

*Lincoln City:* 4157 NW Hwy 101 ..... 541-994-2435  
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm

**Inter-Christian Outreach:** Operated by Salvation Army.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am -12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Jonah's Whale:**

*Newport:* 614 SW Hurbert ..... 541-254-8569  
Mon-Fri 8:30 am - 3:30 pm

**Methodist Thrift Store:**

*Toledo:* 123 N Main..... 541-336-1925  
Mon-Fri 10:00 am - 4:00 pm; Sat 11:00 am - 3:00 pm

**Old Nashville Store:**

*Blodgett:* 11611 Nashville Rd..... 541-456-2141  
Sun, Wed 11:00 am - 2:00 pm

**The Pick of the Litter:** Friends of the Lincoln County Animal Shelter and other local animals.

*Newport:* South Fairgrounds Gate, 633 NE 3rd St..... 541-574-1861  
www.folcas.com  
Tue-Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm

**Rags to Riches:**

*Newport:* 724 SW Hurbert ..... 541-265-5541  
www.rags-to-riches.org

**Salvation Army Clothes Closet:**

*Newport:* 24 SE 1st St..... 541-265-6814  
Mon-Sat 9:30 am - 5:00 pm

**Seventh Day Adventist Church:**

*Lincoln City:* 2335 NE 22nd St..... 541-994-6096  
Wed 9:00 am - 12:00 pm – clothing exchange  
*Newport:* 558 NE 1st St..... 541-265-2041  
Thu 3:00 pm - 6:00 pm – clothing give-away

**CRISIS INTERVENTION & ASSISTANCE**

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**National Suicide Prevention Lifeline:** *Toll-free* ..... 800-273-8255

**DENTAL**

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**Advantage Dental Clinic:** Accepts patients with Medicaid and Oregon Health Plan.

*Newport:* 324 SW 7th St..... 541-504-3900  
*Toll-free* ..... 866-268-9616

**All City Denture Clinic:** Accepts patients with Medicaid and Oregon Health Plan.

*Lincoln City:* 4840 SE Hwy 101 ..... 541-994-2477

**Bremer's Denture Center:** Accepts patients with Medicaid and Oregon Health Plan.

*Newport:* 160 NE 6th St..... 541-265-8200

**Capital Dental Group:** Accepts patients with Medicaid and Oregon Health Plan.

*Lincoln City:* 2825 W Devils Lake Rd..... 541-994-3033

**Community Outreach, Inc. (COI):** Pick up application at any COI clinic in Albany, Corvallis, or Lebanon. Appointments (\$20 fee at time of service).

*Corvallis:* 865 NW Reiman Ave..... 541-758-3000  
www.communityoutreachinc.org

**Geriatric Dental Group:** Full service, dentures, partials, crowns; must be at least 55 years old for appointment.

*Portland:* 6319 SE Powell Blvd..... 503-772-3677  
www.geriatricdental.org

Mon-Fri 8:30 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

**Oregon Health and Science University School of Dentistry**

*Portland:* 611 SW Campus Dr..... 503-494-8867  
www.ohsu.edu/xd/education/schools/school-of-dentistry

..... sodcontactus@ohsu.edu

**Sunrise Dental**

*Portland:* 1320 SW 2nd Ave..... 503-224-0133  
www.sunrisedental.com

**West Salem Dental Clinic:** 190 Kingwood Ave, NW ..... 503-378-7526

www.northwesthumanservices.org ..... info@nwhumanservices.org

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## DISABILITY

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**Disability Rights Oregon**

*Portland:* 610 SW Broadway, Ste 200..... 503-243-2081

*Toll-free:*..... 800-452-1694

www.disabilityrightsoregon.org

**Progressive Options:** Assistive devices for disabled persons.

*Newport:* 611 SW Hubert St, Ste A..... 541-265-4674

**Shangri-La:** Serves people with disabilities and disadvantages.

*Newport:* 141 NW 11th St ..... 541-265-4015

www.shangrilaoregon.org

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## EDUCATION

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### Charter Schools

**Career Tech Charter High School:** A regionally accredited charter high school (grades 9-12) serving students through a carefully crafted program including traditional and technology-based education (on-site and on-line).

*Lincoln City:* 801 SW Hwy 101, Ste 404..... 541-351-8551

www.careertech.us ..... office@careertech.us

Mon-Fri 8:00 am - 5:00 pm

## Head Start

### Community Services Consortium (CSC) Head Start of Lincoln County:

Pre-school program for low-income families.

*Lincoln City:* 2130 SE Lee Ave ..... 541-996-3028

*Newport:* 253 NE 1st St ..... 541-574-7690

*Toledo:* 845 NW A St ..... 541-336-5113

[www.communityservices.us/education](http://www.communityservices.us/education)

### Other Education Resources

**Angell Job Corps:** Free education and career technical training program administered by the United States Department of Labor that helps young people 16 to 24 years old improve the quality of their lives through career technical and academic training.

*Yachats:* 335 NE Blodgett Rd ..... 541-547-3137

[www.angell.jobcorp.gov](http://www.angell.jobcorp.gov)

**Centro de Ayuda:** Non-profit educational organization with a primary purpose of serving as a center for cultural awareness and exchange; offers multi-cultural referral for emergencies, education, daily living, and community interaction.

*Newport:* 410 SW 9th St ..... 541-265-6216

Mon-Fri 9:00 am -5:00 pm

**Coastal Families Together:** Parenting education classes and support groups.

*Newport:* 351 SE Harney St ..... 541-574-4485

[www.coastalfamiliestogether.com](http://www.coastalfamiliestogether.com) ..... [cfthub@gmail.com](mailto:cfthub@gmail.com)

**Homeless Education & Literacy Project (HELP):** Operated through Lincoln County School District, works with students and/or families to eliminate barriers related to school attendance and success.

Homeless Program Coordinator ..... 541-265-4506

*HELP Centers:*

*Lincoln City:*

Taft Elementary School, 4040 SE High School Dr ..... 541-996-4878

*Newport:*

Newport Middle School, 825 NE 7th St ..... 541-574-5824

*Toledo:*

Toledo Junior Senior High School, 1800 NE Sturdevant Rd  
..... 541-336-4357

*Waldport:*

Crestview Heights School, 32750 Crestline Dr ..... 541-563-8584

*School District Office* ..... 541-265-9211

[www.lincoln.k12.or.us/dept\\_programs/help.php](http://www.lincoln.k12.or.us/dept_programs/help.php)

**Libraries:**

- Lincoln City:* Driftwood Library, 801 SW Hwy 101 ..... 541-996-2277  
[www.driftwoodlib.org](http://www.driftwoodlib.org) ..... [librarian@driftwoodlib.org](mailto:librarian@driftwoodlib.org)
- Newport:* Newport Public Library, 35 NW Nye St..... 541-265-2153  
[www.newportoregon.gov/dept/lib](http://www.newportoregon.gov/dept/lib)
- Siletz:* Siletz Public Library, 255 S Gaither St..... 541-444-2855  
[www.cityofsiletz.org](http://www.cityofsiletz.org) ..... [siletz@siletzlibrary.org](mailto:siletz@siletzlibrary.org)
- Toledo:* Toledo Public Library, 173 NW 7th St..... 541-336-3132  
[www.cityoftoledo.org/library](http://www.cityoftoledo.org/library) ..... [library@cityoftoledo.org](mailto:library@cityoftoledo.org)
- Waldport:* Waldport Public Library, 460 Hemlock..... 541-563-5880  
[www.waldportlibrary.org](http://www.waldportlibrary.org)
- Yachats:* Yachats Public Library, 560 W 7th St..... 541-547-3741  
[www.yachatsoregon.org](http://www.yachatsoregon.org)

**Oceana Family Literacy Center:** Programs for youth and adult learners; tutoring, classes, mini-courses, pre-school.

- Lincoln City:* 561 SW 29th St..... 541-921-1865  
[www.oceanacenter.com](http://www.oceanacenter.com) ..... [contact@oceanacenter.com](mailto:contact@oceanacenter.com)

**Oregon Coast Community College:** College transfer courses, adult basic education, General Education Development classes.

- Central County/South Beach:* 400 SE College Way ..... 541-265-2283
- North County/Lincoln City:* 3788 SE High School Dr..... 541-994-6222
- Small Business Development Center/Lincoln City:*  
 4788 SE High School Dr ..... 541-994-4166
- South County/Waldport:* 3120 Crestline Dr ..... 541-563-4502  
[www.oregoncoastcc.org](http://www.oregoncoastcc.org) ..... [occc@oregoncoastcc.org](mailto:occc@oregoncoastcc.org)

**Oregon State University (OSU) Extension Service:** 4H clubs, agriculture and forestry workshops, Master Gardeners and Oregon Family Nutrition Programs, Extension Family Care Connection.

- Newport:* 29 SE 2nd St..... 541-574-6534  
[www.extension.oregonstate.edu/lincoln](http://www.extension.oregonstate.edu/lincoln)  
 Mon-Thu 8:00 am - 5:00 pm (closed 12:00 - 1:00 pm); Fri 8:00 am - 12:00 pm.

**Seashore Family Literacy:** A community-based, non-profit organization dedicated to helping children, adults, and families improve reading, writing, math, computer, and communication skills.

- Waldport:* 125 W Spruce St..... 541-563-7323

## EMPLOYMENT

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**Community Services Consortium (CSC):** Provides job search assistance and/or job skills training for older youth, adults, and displaced workers. Youth (aged 16 to 21 years old) are served in a year-round program which includes a summer program component. Youth learn academic and workplace skills through hands-on programs that may include paid work experiences or internships.

*Newport:* 120 NE Avery St..... 541-265-8505  
www.communityservices.us/jobs..... info@communityservices.us

**Experience Works:** Assists mature workers (55 years old and older) with employment search.

*Newport:* 120 NE Avery St..... 541-265-8891 x338  
www.experienceworks.org  
Mon-Thu 9:00 am - 4:00 pm

**Family Promise of Lincoln County:**

*Lincoln City:* 5030 SE Hwy 101 ..... 541-614-0964  
www.familypromiseoflincolncounty.org

**Goodwill Job Connection:**

*Lincoln City:* 41567 N Hwy 101 ..... 541-994-9207  
Mon-Fri 9:00 am - 4:30 pm

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Oregon Department of Human Services (DHS) Self-Sufficiency**

**Program:** Assists people to become independent, healthy, and safe through education and employment training opportunities.

*Newport:* 120 NE Avery St..... 541-265-2248  
Mon-Fri 8:00 am - 5:00 pm

**Oregon Employment Department:**

*Lincoln City:* 801 SW Hwy 101, Ste 102..... 541-994-6992  
Mon and Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

*Newport:* 120 NE Avery ..... 541-265-8891  
Mon-Fri 8:00 am - 5:00 pm

Unemployment questions: *Toll-free* ..... 877-345-3484  
www.worksourceoregon.org

**Social Security:**

*Albany:* 1390 Waverly Dr, SE, Ste 110  
*Toll-free*..... 800-772-1213



**Vocational Rehabilitation:**

*Newport:* 119 NE 4th St, Ste 1..... 541-265-7843  
Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)  
www.oregon.gov/dhs/employment/VR

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**FINANCIAL SERVICES**

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**Self-Sufficiency Program, Oregon Department of Human Services**

**(DHS):** Offers financial help to qualified families in the form of Temporary Assistance to Needy Families (TANF); Domestic Violence Emergency Assistance (DV-EA) offers financial help to families without resources and needing help fleeing domestic violence; Employment-Related Day Care (ERDC) provides child-care subsidies for low-income working families; food benefits; and medical.

*Newport:* 120 NE Avery St..... 541-265-2248  
Mon-Fri 8:00 am - 5:00 pm

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**FOOD**

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**Farmers' Markets:**

**Lincoln City Farmers' and Crafters' Market** (year-round)

Lincoln City Cultural Center, 540 NE Hwy 101  
Sun 10:00 am - 3:00 pm

**Newport Farmers' Market** (May to Oct)

Intersection of Hwy 101 and Agate Street  
Sat 9:00 am - 1:00 pm

**Newport Farmers' Market** (Nov to Apr)

Lincoln County Fairgrounds Exhibit Hall (3rd St)  
Sat 10:00 am - 2:00 pm

**Toledo Street Market** (Jun to Sep)

Main Street  
Thu 10:00 am - 3:00 pm

**Waldport Wednesday Market** (May to Oct)

Waldport Community Center, 265 E Hwy 34  
Wed 10:00 am - 4:30 pm

**Yachats Farmers' Market** (May to Oct)

4th St next to Yachats Commons  
Sun 9:00 am - 2:00 pm

**Food Stamps Self-Sufficiency Program (SNAP), Department of Human Services (DHS):** Available to individuals and families. Call for appointment.

*Newport:* 120 NE Avery St..... 541-265-2248  
Mon-Fri 8:00 am - 5:00 pm

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Yachats Youth and Family Activities Program:** Emergency food.

Yachats Commons, 441 Hwy 101 N..... 541-547-4599  
www.yachatsyouth.org..... yapkids@peak.org  
Mon-Fri 8:30 am - 4:30 pm

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## FOOD PANTRIES

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### **Coastal Range:**

*Blodgett:* Old Nashville Store, 11611 Nashville Rd ..... 541-456-2141  
Sun, Wed 11:00 am - 2:00 pm

### **Depoe Bay:**

Bayside Chapel, 145 Collins St..... 541-270-3404  
Wed 3:00 pm - 5:30 pm

### **Food Share of Lincoln County:**

*Newport:* 535 NE 1st St ..... 541-265-8578  
*Toll-free:*.....800-939-FOOD (3663)  
www.foodsharelincolncounty.org ..... info@foodsharelincolncounty.org  
Mon-Fri 8:30 am - 4:30 pm

### **Lincoln City:**

Coast Vineyard Church, 1505 NE 6th Dr ..... 541-994-3699  
Tue, Thu 2:00 pm - 6:00 pm; last Sat of each month 10:00 am - 12:00 pm

### **Newport:**

Newport Food Pantry, 227 NE 12th St ..... 541-992-5723  
www.newportfoodpantry.org ..... info@newportfoodpantry.org  
Tue, Wed 2:00 pm - 4:00 pm; Sat 10:00 am - 12:00 pm

**Produce Plus:** A supplemental food program.

*Newport:* Calvary Baptist Church, 903 SW Alder St..... 541-265-8578  
Fri 1:00 pm - 3:00 pm

### **Siletz:**

Siletz Valley School, 245 NW James Frank Ave..... 541-270-4993  
Call for hours of service.

### **Toledo:**

Trinity United Methodist Church, 383 NE Beech..... 541-270-7921  
Tue 1:00 pm - 3:00 pm; Thu 5:30 pm - 7:00 pm

### **Waldport:**

3710 Crestline ..... 541-563-2508  
Tue, Thu 1:00 pm - 3:00 pm; first Sat 11:00 am - 1:00 pm

**Yachats Youth and Family Activities Program:** Emergency food.

Yachats Commons 441 Hwy 101 N..... 541-547-4599  
www.yachatsyouth.org..... yapkids@peak.org  
Mon-Fri 8:30 am - 4:30 pm

**FOOD – SOUP KITCHENS & MEAL SITES**

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*Lincoln City:*

Agape Fellowship, 4939 SW Gallery Ave ..... 541-994-3166  
Thu 12:00 pm - 3:00 pm  
St. James Episcopal Church, 2490 NE Hwy 101 ..... 541-994-2426  
Mon and Thu 5:00 pm - 6:30 pm; Sat 9:00 am - 10:00 am

*Newport:*

Atonement Lutheran Church, 2315 N Coast Hwy ..... 541-265-2554  
4th Thu of each month 6:00 pm (suspended during summer months)  
Calvary Baptist Church, 903 SW Alder ..... 541-265-5232  
Wed 4:30 pm - 5:30 pm; Sun 12:15 pm - 1:00 pm  
Newport First Baptist Church, 208 NW 6th St ..... 541-265-5811  
3rd Sat of each month 8:30 am - 11:00 am  
St. Stephen's Episcopal Church, 410 SW 9th St ..... 541-265-5251  
Mon 5:30 pm - 6:30 pm

*Siletz:*

Little Chief Restaurant, 201 SE Gaither St ..... 541-444-2626  
Sep to Jun 2nd Mon of each month 4:30 pm - 6:00 pm  
Siletz Gospel Tabernacle Assembly of God Church, 164 NE Palmer St  
..... 541-444-2564  
last 2 Thu of each month, 5:00 pm - 7:00 pm

*Waldport:*

Community Presbyterian Church, 485 NE Bay St..... 541-563-2168  
Sat 9:30 am - 10:00 am  
Tue 6:00 pm – Feed and Read Program

**Inter-Christian Outreach:** Operated by Salvation Army.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ...  
newport.corps@usw.salvationarmy.org Tue 9:00 am - 12:00 pm; Wed-Fri  
9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Lincoln City Senior Center:** 2150 NW Oar Pl..... 541-994-2722  
Mon, Wed, Fri 12:00 pm - 1:00 pm; \$3.50 donation

**Meals on Wheels:** Meals delivered Monday, Wednesday, Friday.

<i>Lincoln City</i> .....	541-994-7731
<i>Newport</i> .....	541-574-0669
<i>Siletz</i> (Monday, Wednesday only) .....	541-444-9169
<i>Toledo</i> (Friday only) .....	541-336-2450
<i>Waldport</i> .....	541-563-8796

**Meals on Wheels – Dining Site:** Coordinated through Cascades West Council of Governments (COG).

<i>Lincoln County: Toll-free</i> .....	800-282-6194
<a href="http://www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/">www.ocwcog.org/seniors-disability/food-nutrition/meals/dining-centers/</a> .....	<a href="mailto:adrcmail@ocwcog.org">adrcmail@ocwcog.org</a>

<i>Lincoln City: Lincoln City Community Center</i> 2150 NE Oar Pl.....	541-994-7731
Mon, Wed, Fri 12:00 pm	

**Newport 60+ Activity Center:** 20 SE 2nd St ..... 541-265-9617  
Mon, Wed, Fri 12:00 pm - 1:00 pm; \$3.50 donation

**FOOD & FIREWOOD GLEANING**

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**Angell Job Corps:** Occasional supply of firewood. Referral required.

<i>Yachats: 335 NE Blodgett Rd</i> .....	541-547-3137
<a href="http://www.angell.jobcorp.gov">www.angell.jobcorp.gov</a>	

**FURNITURE & HOUSEHOLD ITEMS**

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**Another Time Around Bargain Warehouse:** Thrift shop.

<i>Newport: 710 NE 3rd St</i> .....	541-265-8989
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**Goodwill Industries Thrift Store:**

<i>Lincoln City: 4157 NW Hwy 101</i> .....	541-994-2435
Mon-Sat 9:00 am - 9:00 pm; Sun 10:00 am - 8:00 pm	

**Jonah's Whale:**

<i>Newport: 614 SW Hurbert</i> .....	541-254-8569
Mon-Fri 8:30 am - 3:30 pm	

**Methodist Thrift Store:**

<i>Toledo: 123 N Main</i> .....	541-336-1925
Mon-Fri 10:00 am - 4:00 pm; Sat 11:00 am - 3:00 pm	

**Old Nashville Store:**

<i>Blodgett: 11611 Nashville Rd</i> .....	541-456-2141
Sun, Wed 11:00 am - 2:00 pm	

**The Pick of the Litter:**

<i>Newport: 633 NE 3rd St</i> .....	541-574-1861
<a href="http://www.folcas.com">www.folcas.com</a>	
Tue-Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm	

## GAMBLING

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**Gambling Hotline:** National Council on Problem Gambling.

*Toll-free*..... 800-233-8479

## HOUSING

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**Community Development Corporation of Lincoln County:** Preserves, constructs, and rehabilitates housing units to provide rental and home ownership opportunities for people unable to afford market-rate housing; advocates and facilitates development of safe, decent shelter, maintaining long-term affordability of the housing stock.

*Newport:* 7450 NW Avery St, Ste A..... 541-574-0320

[www.lincolncdc.org](http://www.lincolncdc.org) ..... [info@lincolncdc.org](mailto:info@lincolncdc.org)

**Community Services Consortium (CSC):** Offers a variety of housing services to clients with housing needs.

[www.communityservices.us](http://www.communityservices.us) ..... [info@communityservices.us](mailto:info@communityservices.us)

*Energy Assistance:* Assistance with heating, electricity, and water utilities.

*Newport:* 120 NE Avery St..... 541-265-3293

*Emergency and Transitional Housing Programs:* Emergency/transitional housing programs assist low-income households who are homeless or at risk of homelessness transition into or maintain permanent affordable housing. Rental deposit assistance.

*Newport:* 120 NE Avery St..... 541-265-8505

*Supportive Services for Veterans Families:* Promotes housing stability for very-low-income veteran families residing in or transitioning to permanent housing.

*Newport:* 120 NE Avery St..... 541-265-8505

..... [ssvf@communityservices.us](mailto:ssvf@communityservices.us)

*Weatherization Program:* Free weatherization services to low-income homeowners and renters in Benton, Lincoln, and Linn Counties, including weather stripping, insulation, duct sealing, and furnace inspection.

*Newport:* 120 NE Avery St..... 541-265-8505

**Family Promise of Lincoln County:** Provides shelter, meals, and comprehensive assistance to homeless and low-income families with children in Lincoln County while they seek to achieve sustainable, independent living.

*Lincoln City:* 5030 SE Hwy 101 ..... 541-992-1682

[www.familypromiseoflincolncounty.org](http://www.familypromiseoflincolncounty.org)

**Habitat for Humanity of Lincoln County:**

*Newport:* 227 NE 12th St..... 541-574-4437

[www.hfhlc.org](http://www.hfhlc.org)

Mon-Fri 9:00 am - 4:00 pm

**Housing Authority of Lincoln County:** Provides housing assistance and classroom training to low-income individuals.

*Newport:* 1039 NW Nye St..... 541-265-5326  
www.halc.info

**Inter-Christian Outreach:** Operated by Salvation Army.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Northwest Coastal Housing:** Develops and manages low-income housing; assists clients with home-ownership opportunities.

*Newport:* 7450 NE Avery St, Ste A ..... 541-574-0320  
www.nwcoastalhousing.org ..... acctg@nwcoastalhousing.org

**Samaritan House Family Shelter:** Temporary emergency shelter and transitional housing for families; educates and guides homeless families with children (under 18 years old) toward independent living.

*Newport:* 715 SW Bay St..... 541-574-8898  
www.samfamshelter.org ..... info@samfamshelter.org  
Mon-Thu 9:00 am - 5:00 pm

**Viridian Management:** Manages low-income senior and family housing; properties in Lincoln City, Newport, and Waldport. .... 541-895-8801  
www.viridianmgmt.com

### Rehabilitation

**Habitat for Humanity of Lincoln County:**

*Habitat ReStores:*

*Lincoln City:* 2150 SE Hwy 101..... 541-614-1060  
Thu-Sat 10:00 am - 5:30 pm

*Newport:* 133 SE 1st St ..... 541-264-8585  
Thu-Sat 10:00 am - 5:30 pm

### INFORMATION & REFERRAL

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**211.org** ..... 2-1-1  
www.211info.org .....text ZIP Code to 898211 for mobile service  
Mon-Fri 8:00 am - 7:00 pm; Sat, Sun 8:00 am - 6:00 pm

**American Red Cross:**

*Newport:* 308 SW Coast Hwy.....(call first) 541-265-7182  
www.redcross.org ..... willamette.frontdesk@redcross.org

**Angels Anonymous:** Provides immediate and basic services for those in need while complimenting existing services and helps clients find solutions for long-term problems. Referrals only.

*Lincoln City*..... 541-992-4625  
www.angelsanonymousinc.com

**Bright Horizons Therapeutic Riding Center:** Improves physical and emotional well being of people and their families through therapeutic equestrian activities, community education, communication, and teamwork; serves a broad range of riders (special needs, able-bodied, independent, and advanced).

*Siletz:* Walker Farms, 1925 E Logsdan Rd ..... 541-961-4156  
Barn (only answered on riding days) ..... 541-444-2021  
www.brighthorizonsriding.org.....contact@brighthorizonsriding.org

**Community Outreach, Inc. (COI):**

*Corvallis:* 865 NE Reiman Ave ..... 541-758-3000  
www.communityoutreachinc.org

**Confederated Tribes of Siletz Indians:** Tribal members may access health care, education, housing, and employment services.

*Siletz:* 201 SE Swan Ave ..... 541-444-2532  
Satellite offices in Portland, Eugene, and Salem.

*Toll-free*..... 800-922-399  
Mon-Fri 8:00 am - 4:30 pm

USDA Food Program: 815 Logsdan Rd ..... 541-444-8393  
1st and 2nd weeks of each month 8:00 am - 4:30 pm  
www.ctsi.nsn.us

**Family Promise of Lincoln County:**..... 541-992-1682  
www.familypromiseoflincolncounty.org

**Governor's Advocacy Office:** Includes Department of Human Services (DHS) Ombudsman, Children's Ombudsman, Foster Care Ombudsman, and DHS Client Complaint or Report of Discrimination Process.

*Salem*..... 503-945-6904  
*Toll-free*..... 800-442-5238

www.oregon.gov/dhs/aboutdhs/pages/gao..... dhs.info@state.or.us

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Newport Fishermen's Wives:** Organization of fishermen's wives, mothers, daughters, and friends supporting community; helping further the fishing industry, safety, seafood education, and family support..... 41-264-5890  
www.newportfishermenswives.com

.....newportfishermenswives@gmail.com

**Oregon Coast Therapy Animals:**

*Newport:* ..... 541-270-3339

**Oregon Lifeline (Oregon Telephone Assistance Program):** Oregon Public Utility Commission manages the Oregon Lifeline program, which reduces qualifying people's monthly residential land-line or wireless phone bill by \$12.75.

*Toll-free:*..... 800-848-4442  
www.puc.state.or.us/rspf/otap

**Oregon State University (OSU) Family Care Connection Child Care Resource and Referral for Clatsop, Lincoln, and Tillamook Counties:**

Gardening and 4H program.

*Newport:* 1211 SE Bay Blvd..... 541-265-2558  
*Toll-free:*..... 800-603-2728  
Mon-Fri 8:00 am - 2:00 pm

**Public Swimming Pools:**

*Lincoln City:* 2150 NE Oar Pl..... 541-994-2131  
www.lincolncity.org  
*Newport:* 1212 NE Fogarty St..... 541-265-7783  
www.newportoregon.gov/dept/par/ac  
*Toledo:* 174 NW 7th St..... 541-336-3181  
www.cityoftoledo.org/swimmingpool

**Salvation Army Bay Community Corps:** Clothing assistance, seasonal assistance (Thanksgiving and Christmas), summer camp.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Self-Sufficiency Program, Department of Human Services (DHS):**

*Newport:* 120 NE Avery St..... 541-265-2248  
Mon-Fri 8:00 am - 5:00 pm

**Small Business Development Center:**

*Lincoln City:* Oregon Coast Community College North County Center  
3788 SE High School Dr ..... 541-994-4166

**South Lincoln Resources:** Coordinates and provides service programs for charitable activities and works with other service groups to benefit the South Lincoln County community; free household furniture and appliances, durable medical equipment, holiday food baskets, clothing.

*Waldport:* 3710 Crestline Dr..... (leave message) 541-563-2388  
www.southlincolnresources.org ..... info@southlincolnresources.org  
Tue, Thu 3:00 pm - 4:30 pm



**Translation:** Centro de Ayuda; information and referral interpreting medical and legal appointments.

*Newport:* St. Stephen's Episcopal Church, 410 SW 9th St .... 541-265-6216  
www.cdanewport.org  
Mon-Fri 9:00 am - 5:00 p m

**Victim Assistance Program:**

*Newport:* Lincoln County District Attorney's Office  
225 W Olive St, Rm 100..... 541-265-3462  
www.doj.state.or.us/victims/pages/assistance

**Support Groups**

**Families:** Oregon Family Support Network. Peer support, education, and advocacy for families of children with mental health and behavioral challenges; Benton County: offers family partner and parent support groups; Lincoln County: training on individualized education programs and Rehabilitation Act Section 504, trauma, and ThinkKids Collaborative Problem Solving.

*Salem:* 1300 Broadway St, NE, Ste 403..... 541-600-6395 or 541-505-2511  
Mon-Fri 9:00 am - 5:00 pm (office)  
www.ofsn.org

ww.ofsn.org/ofsn-regional-offices-oregon/lincoln-county-oregon/

- 1st Fri of each month, 6:00 pm - 8:00 pm, Crestview Heights Elementary School, Waldport
- 2nd Thu of each month, 6:00 pm - 8:00 pm, Newport High School, Newport
- 3rd Thu of each month, 6:00 pm - 8:00 pm, Flowery Community Center, Toledo
- 4th Thu of each month, 6:00 pm - 8:00 pm, Neighbors for Kids, Depoe Bay

**Family Caregivers:** Oregon Cascades West Council of Governments (COG) District 4; Lincoln City Seniors and Disability Services; Aging and Disability Resource Connection of Oregon.

*Toledo:* 203 N Main ..... 541-574-3743  
*Statewide* ..... 541-967-8630  
*Toll-free*..... 855-673-2372  
www.ocwcog.org/seniors-disability/caregivers/caregiver-support/  
.....adrcmail@ocwcog.org

**Family Caregivers:** Samaritan Health Services.

*Lincoln City:* Samaritan North Lincoln Hospital  
3100 NE 28th St ..... 541-996-7328  
www.samhealth.org  
*Newport:* ..... 541-574-3743 or 541-574-4921

**Grief:** Samaritan Health Services.

*Lincoln City:* Samaritan North Lincoln Home Health and Hospice  
3100 NE 28th St ..... 541-996-7328  
*Newport:* Samaritan Pacific Home Health and Hospice  
749 SW 11th St..... 541-574-1811  
www.samhealth.org

**LEGAL & MEDIATION ASSISTANCE**

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**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Legal Aid Services of Oregon:** Free legal assistance to low-income Oregonians.

*Newport:* 304 SW Coast Hwy ..... 541-265-5305  
*Toll-free*..... 888-222-3884  
*Child Support Help Line* ..... 800-383-1222  
*Public Benefit Hotline* ..... 800-520-5292  
www.oregonlawhelp.org  
Mon-Wed 10:00 am - 2:00 pm

**Lincoln Community Dispute Resolution:** Third-party mediator; facilitates discussions of two or more parties with the objective of reaching a voluntary agreement.

*Newport:* 404 NE 2nd St..... 541-574-9876

**Lincoln County District Attorney's Office Victims Assistance:** Assists crime victims with information about rights and their cases, compensation applications, property returns, and determining restitution amounts

*Newport:* 225 W Olive St, Rm 100 ..... 541-265-3462  
www.co.lincoln.or.us/da

**MEDICAL**

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**Acquired Immune Deficiency Syndrome (AIDS):**

Coastal AIDS Network  
*Lincoln City:* 3128 NE Hwy 101, Ste 202 ..... 541-994-5597  
..... coastalaidnetwork@gmail.com  
Hotline: *Toll-free* ..... 800-777-2437 or 800-588-2437

**Adeo in Home Care:** Provides dignity and solutions for the elderly, disabled, and others who need assistance to maintain or regain their ability to live at home. Full range of services from companionship and homemaking to complex medical and hospice care. Continuous nursing supervision.

644 SW Coast Hwy, Ste J ..... 541-574-8660  
www.adeohomecare.com

**Aging Wisely with Heartfelt Hands, Inc.:** Provides independence and safety at home for seniors; free home safety assessments by a Registered Geriatric Nurse.

Newport: 1007 SW Abbey St..... 541-265-8530  
www.agingwiselyoregon.org

**Hospice:**

*Lincoln City:*

Samaritan North Lincoln Hospice, 3011 NW 28th St ..... 541-996-7328

*Newport:*

Samaritan Pacific Hospice, 749 SW 11th St..... 541-574-1811

**Hospitals:**

*Lincoln City:* Samaritan North Lincoln Hospital

3043 NW 28th St ..... 541-994-3661

*Newport:* Samaritan Pacific Communities Hospital

930 SW Abbey St ..... 541-265-2244

www.samhealth.org

**Lincoln Community Health Centers:** ..... 541-265-4947

*Lincoln City:* 4422 NE Devil's Lake Blvd, Ste 2

Mon-Fri 8:00 am - 5:00 pm

*Newport:* 1010 SW Coast Hwy, Ste 203

Mental Health (adults) ..... 541-265-4196

Mental Health (children)..... 541-265-4179

includes Parent Child Interaction Therapy (PCIT)

Primary Care..... 541-265-4947

Public Health ..... 541-265-4112

Mon, Tue, Thu, Fri 8:00 am - 5:00 pm

**Lincoln County Health and Human Services:**

*Lincoln City:* 4422 NE Devils Lake Blvd Ste 2

Mental Health ..... 541-265-4196

Women, Infants, and Children (WIC) ..... 541-265-0578

*Newport:* 36 SW Nye ..... 541-265-4190

Adult Mental Health ..... 540-574-5960

24-hour crisis line *Toll-free* ..... 866-266-0288

Alcohol and Drug ..... 541-265-4179

Children's Behavioral Health..... 541-265-4179

Environmental Health..... 541-265-4127

Family Planning Service..... 541-265-4947

Mental Health ..... 541-265-4179

Primary Care..... 541-265-4947  
 Public Health (communicable disease, vaccinations)..... 541-265-4112  
 School-Based Health Centers ..... 541-265-0581  
 Women, Infants, and Children (WIC) ..... 541-265-4163  
 www.lincolncountyhealth.com ..... lchhs@co.lincoln.or.us  
 Mon-Fri 8:00 am - 5:00 pm

**Medicare Prescription Drug Program (Part D):** ..... 800-633-4227  
 www.medicare.gov

**National Alliance on Mental Illness (NAMI):**

*Portland:* 4701 SE 24th Ave, Ste E ..... 503-230-8009  
*Toll-free*..... 800-343-6264  
 www.namior.org ..... namioregon@namior.org  
*Local Support Group:* Florence ..... 541-902-8308

**National Suicide Prevention Lifeline:** *Toll-free* ..... 800-273-TALK (8255)

**Newport Lions Club:** Free screenings for vision and hearing; recycle program for glasses, hearing aids, and cellphones. .... 541-574-4070  
 www.newportlions.org

**Oregon Long-Term Care Ombudsman:** Works to enhance the quality of life and improve the quality of care for residents of Oregon's long-term care facilities.

*Salem:* 3855 Wolverine St, NE, Ste 6 ..... 503-378-6533  
*Toll-free*..... 800-522-2602  
 www.oregon.gov/LTCO ..... info@ltco.state.or.us

**Oregon Prescription Drug Program:** Cannot be used with any other program.

*Toll-free*..... 800-913-4146  
 www.oregon.gov

**Planned Parenthood:** *Toll-free* ..... 800-230-7526 or 888-576-7526  
 www.plannedparenthood.org

**Samaritan Health Services Clinics:**

*Depoe Bay:* 531 N Hwy 101, Ste A ..... 541-765-3265  
 Mon-Fri 8:00 am - 5:00 pm

*Lincoln City:* 825 NW Hwy 101 ..... 541-996-7480  
 Mon-Fri 8:00 am - 5:00 pm; Sat-Sun 9:00 am - 5:00 pm

*Newport:* 930 SW Abbey, Ste F..... 541-574-4860  
 Mon-Fri 9:00 am - 6:30 pm (closed 12:00 pm - 1:00 pm); Sat 10:00 am - 4:00 pm

*Toledo:* 199 W Hwy 20..... 541-336-5181  
 Mon-Fri 8:00 am -5:00 pm

*Waldport:* 150 SW Hwy 101..... 541-563-3197  
 Mon-Fri 8:30 am - 5:00 pm

**Senior Health Insurance Benefits Assistance (SHIBA):**

*Toledo:* 203 N Main St..... 541-574-2684

**Siletz Community Health Clinic:**

200 Gwee-Shut Rd ..... 541-444-1030  
Toll-free..... 800-648-0499  
www.ctsi.nsn.us

**Veterans' Clinic:** Treats all conditions; referrals to Portland Veterans' Administration hospital.

*Lincoln City:* 4422 NE Devils Lake Blvd, Ste 2 ..... 541-265-0547  
Fri 8:00 am - 4:30 pm (no emergency services)  
*Newport:* 1010 SW Coast Hwy, Ste 203..... 541-265-4182  
Mon-Thu 8:00 am - 4:00 pm (by appointment only)  
Mon-Thu 8:00 am - 2:30 pm – blood draw

**Zenni Optical:** Discounted prices; prescription required.

Toll-free..... 800-211-2105  
www.zennioptical.com

**Durable Medical Equipment**

*Lincoln City:*

North Coast Home Care ..... 541-996-5102

*Newport:*

American Legion Post 116, 424 W Olive St..... 541-265-9017  
North Coast Home Care, 27 N Coast Hwy ..... 541-265-2888  
www.nchc.net  
Newport 60+ Activity Center, 20 SE 2nd St..... 541-265-9617  
www.newportoregon.gov/dept/par/sc/

*South Beach:*

Lincare, 3503 S Coast Hwy, Ste A ..... 541-867-6111  
www.lincare.com

*Toledo:*

Toledo Elks, 123 SE Alder St ..... 541-336-2276  
..... toledoelks1664@hotmail.com

*Waldport:*

South Lincoln Resources, 3710 Crestline Dr  
..... (leave message) 541-563-2388  
www.southlincolnresources.org .....info@southlincolnresources.org  
Tue, Thu 3:00 pm - 4:30 pm

**Sexually Transmitted Disease (STD)**

**Oregon Human Immunodeficiency Virus (HIV)/STD Hotline:** Operated by Cascade Acquired Immune Deficiency Syndrome (AIDS) Project

*Portland:* 208 SW 5th Ave, Ste 800 ..... 503-223-2437  
Toll-free..... 800-777-AIDS (2437)  
*En Español:* ..... 800-499-6940

## Support Groups

### **Alzheimer's Association:**

Oregon Chapter: *Salem*: ..... 503-371-7728

*Toll-free*: ..... 800-272-3900

[www.alz.org/oregon](http://www.alz.org/oregon)

*Lincoln City*: Samaritan North Lincoln Hospital

3100 NE 28th St..... 541-996-7328

[www.samhealth.org](http://www.samhealth.org)

**American Cancer Society:** *Toll-free* ..... 800-277-2345

[www.cancer.org](http://www.cancer.org)

**Cancer:** Pacific Communities Health District ..... 541-574-4921

### **Parkinson's:**

*Lake Oswego*: 3975 Mercantile Dr, Ste 154 ..... 503-594-0901

*Toll-free*: ..... 800-426-6806

[www.parkinsonsresources.org](http://www.parkinsonsresources.org) ..... [info@parkinsonsresources.org](mailto:info@parkinsonsresources.org)

*Portland*: Parkinson's Center of Oregon, Center for Health and Healing,

Oregon Health and Science University

3181 SW Sam Jackson Park Rd..... 503-494-7231

[www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/](http://www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/parkinsons)

[parkinsons](http://www.ohsu.edu/xd/health/services/brain/getting-treatment/diagnosis/parkinsons)

### **Prostate Cancer:**

*Newport*: Samaritan Pacific Communities Hospital

930 SW Abbey St ..... 541-265-2244

[www.samhealth.org](http://www.samhealth.org)

**Stroke:** American Stroke Association

*Toll-free*..... 888-478-7653 or 800-242-8721

[www.strokeassociation.org](http://www.strokeassociation.org)

**Willamette Valley Cancer Foundation:** Offers numerous support groups for cancer patients and their families.

*Lincoln City*: call for information ..... 541-996-6450

*Newport*: call for information ..... 541-574-4921

[www.willamettevalleycancerfoundation.org](http://www.willamettevalleycancerfoundation.org)

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## MEDICAL HEALTH INSURANCE

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**Oregon Health Authority:** Community Services Consortium (CSC) is a certified Oregon Health Authority community partner for Lincoln County. Staff can provide information about Oregon Health Plan insurance and assist with submitting coverage applications.

*Newport*: 120 NE Avery St ..... 541-574-2279

[www.communityservices.us](http://www.communityservices.us)

## Oregon Health Care

*Toll-free:* ..... 800-699-9075  
www.oregonhealthcare.gov..... info.marketplace@oregon.gov

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## PREGNANCY & PARENTING SUPPORT

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**Birthright International:** Provides support to women with unplanned pregnancies.

*Newport:* 145 NW 10th St ..... 541-265-2404  
*Helpline: Toll-free*..... 800-550-4900  
www.birthright.org

Mon-Fri 10:00 am - 1:00 pm

**Planned Parenthood:** *Toll-free* ..... 800-230-7526  
www.plannedparenthood.org

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## SENIORS

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**Adeo in Home Care:** Provides dignity and solutions for the elderly, disabled, and others who need assistance to maintain or regain their ability to live at home. Full range of services from companionship and homemaking to complex medical and hospice care. Continuous nursing supervision.

*Newport:* 644 SW Coast Hwy, Ste J ..... 541-574-8660  
www.adeohomecare.com

**Aging Wisely with Heartfelt Hands:** Provides independence and safety at home for seniors.

*Newport:* 1007 SW Abbey St..... 541-265-8530  
www.agingwiselyoregon.org

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Lincoln City Community Center:** Recreation center.

2150 NE Oar Pl..... 541-994-2131  
www.lincolncity.org

**Lincoln City Senior Center:** Variety of daily activities for people 50 years old and older; coffee and snacks.

2150 NW Oar Pl..... 541-994-2722  
Mon-Fri 8:00 am - 4:00 pm; Sat 10:00 am - 4:00 pm; Sun 12:00 pm - 4:00 pm

Mon, Wed, Fri lunch 12:00 pm - 1:00 pm; \$3.50 donation

www.lincolncity.org

**Meals on Wheels:** Meals delivered Monday, Wednesday, Friday.

<i>Lincoln City</i> .....	541-994-7731
<i>Newport</i> .....	541-574-0669
<i>Siletz (Mon, Wed only)</i> .....	541-444-9169
<i>Toledo (Fri only)</i> .....	541-336-2450
<i>Waldport</i> .....	541-563-8796

**Newport 60+ Activity Center:** Daily activities for seniors 60 years old and older.

20 SE 2nd St..... 541-265-9617  
[www.newportoregon.gov](http://www.newportoregon.gov)  
 Mon-Fri 9:00 am - 5:00 pm  
 Mon, Wed, Fri lunch 12:00 pm - 1:00 pm; \$3.50 donation

**Retired and Senior Volunteer Program (RSVP):** Medical transportation for seniors to non-emergency appointments in Lincoln County (donation required); prescription program enrollment assistance; free grab bar and other durable equipment; Friendly Visitor Program for isolated seniors; volunteers to organizations in need.

*Toledo:* 203 N Main St..... 541-574-2684  
[www.rsvpoflbl.org](http://www.rsvpoflbl.org) .....[rsvp@ocwcog.org](mailto:rsvp@ocwcog.org)  
 Mon-Fri 8:30 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Senior Companion and Foster Grandparent:** Sponsored by Samaritan Health Services. Senior Companions at least 60 years old, unemployed, and physically able to serve 15-40 hours per week; assist adults to live independently in their homes.

*Newport:* 140 NE 4th St..... 541-574-4714  
 To receive services (Oregon Cascades West Council of Governments (COG) Toledo office)..... 541-336-2289  
[www.samhealth.org](http://www.samhealth.org)

**Senior Health Insurance Benefits Assistance (SHIBA):**

*Toledo:* 203 N Main St..... 541-574-2684

**Senior Housing:**

Viridian Management ..... 541-895-8801  
[www.viridianmgmt.com](http://www.viridianmgmt.com)

**Senior Meals Location Program:**

*Lincoln City:* Lincoln City Community Center, 2150 NE Oar Pl  
 ..... 541-994-2722  
[www.lincolncity.gov/dept/parks-and-rec/commuinity-center](http://www.lincolncity.gov/dept/parks-and-rec/commuinity-center)  
 Mon, Wed, Fri 12:00 pm -1:00 pm

*Newport:* Newport Senior Activity Center, 20 SE 2nd St..... 541-265-9617  
[www.newportoregon.gov](http://www.newportoregon.gov)  
 Mon, Wed, Fri 12:00 pm - 1:00 pm

*Siletz:* Tribal Community Center ..... 541-270-7416  
 Mon, Wed 12:00 pm



*Toledo:* Trinity Methodist Church, 383 NE Beech St..... 541-270-7416  
 Fri 12:00 pm  
*Waldport:* South County Community Center, 265 W Hemlock St  
 ..... 541-563-8796  
 Mon, Wed, Fri 12:00 pm

**Senior Services:** Oregon Cascades West Council of Governments (COG);  
 senior information and referral; assistance with Medicaid, food stamps,  
 and Oregon Health Plan; Adult Protection Services and Elder Abuse,  
 management of in-home care, assistance finding long-term care.

*Toledo:* 203 N Main St..... 541-336-2289  
 www.ocwcog.org  
 Mon-Fri 9:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

**Social Security:**

*Albany:* 1390 Waverly Dr, SE, Ste 110  
*Toll-free*..... 800-772-1213

**SHELTERS FOR HOMELESS**

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**Family Promise of Lincoln County:** Provides overnight lodging with host families.

*Lincoln City:* 5030 SE Hwy 101 ..... 541-614-0964  
 www.familypromiseoflincolncounty.org ..... fplc.director@gmail.com

**Grace Wins Haven:** Provides unsheltered people with "tiny houses" in exchange for small monthly payments and community service; assists clients transition to affordable housing.

*Newport:* 437 NE 1st St ..... 541-265-1974  
 www.gracewinshaven.org ..... gracewinshaven@yahoo.com

**Lincoln City Resource Center:** Serves as Warming Shelter when overnight temperature is below 40°F; 6:00 pm - 8:00 am.

Old Taft Fire Station, 1207 SE 48th Pl .....206713-8234  
 Mon-Fri 10:00 am - 4:00 pm

**Newport Hazardous Weather Shelter:** Hot dinner, breakfast, snacks, sack lunch.

Radiant Church, 215 NW 15th St ..... 541-265-1974  
 www.fosteringcommunity.wix.com/warmingshelter

Open:

- Dry Conditions: 32°F or colder any one night or any consecutive nights of 38°F or colder.
- Wet Conditions: 38°F or colder with snow, heavy rain, or freezing rain or rain with flood warnings.
- Windy Conditions: 32°F or with sustained winds of more than 10 mph or sustained winds stronger than 35 mph.

**Samaritan House Family Shelter:** Sheltering, educating, and guiding homeless families with children (under 18 years old) toward independent living.

*Newport:* 715 SW Bay St..... 541-574-8898  
www.samfamshelter.org ..... info@samfamshelter.org  
Mon-Thu 9:00 am - 5:00 pm

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## TRANSPORTATION

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**Cascades West Ride Line:** Arranges non-emergency medical transportation for Medicaid and Oregon Health Plan+ registered clients; schedule a week in advance; limited availability; after-hours non-emergency transportation available.

*Toll-free*..... 866-724-2975  
Mon-Fri 8:00 am - 5:00 pm

**Fee-Based Non-Emergency Transport Providers:**

**Coast-to-Valley Express:** Connects Albany, Corvallis, Philomath, Eddyville, Toledo, and Newport; daily connections to Amtrak Cascades Albany Station.

Lincoln County Transit: 410 NE Harney St, Newport ..... 541-265-4900  
www.co.lincoln.or.us/transit

**Easy Ride:** ..... 541-265-8740

**Pacific West Ambulance:**..... 541-265-3175 or 541-994-6690

**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services. Provides tickets for local public transportation system.

*Newport:* 140 NE 4th St..... 541-265-6814  
www.newport.salvationarmy.org ... newport.corps@usw.salvationarmy.org  
Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Lincoln County Transit:** Inter-city transportation (Yachats, Siletz, Rose Lodge), Coast to Valley.

*Newport:* 410 NE Harney St ..... 541-265-4900  
Dial-a-Ride (schedule in advance)..... 541-265-4900  
www.co.lincoln.or.us/transit  
Mon-Sat 7:00 am - 6:00 pm

**Oregon Department of Transportation:** Road reports.

*Toll-free*..... 800-977-6368

**Pacific West Ambulance:**

*Lincoln City:* 2801 NE 22nd St..... 541-994-6690  
*Newport:* 609 NW Coast St..... 541-265-3175  
www.pacificwestus.com

**Veteran Services of Oregon:**

DAV Service Van (request 72 hrs in advance)

*Toll-free*..... 800-949-1004 x 57804

**Cabs/Taxis**

- Coastal Cab of Lincoln City** ..... 541-614-2014
- Come and Get Me Cab Company of Lincoln City**..... 541-996-6050
- Happy Cab of Lincoln City**..... 541-996-8294
- Lincoln City Cab Company** ..... 541-996-2003
- Tony's Taxi of Lincoln City** ..... 541-921-3866
- Yaquina Cab Company**..... 541-265-9552

**UTILITIES**

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**Inter-Christian Outreach:** A program funded by local churches and operated by Salvation Army. Refers people in need to community services.

*Newport:* 140 NE 4th St..... 541-265-6814

[www.newport.salvationarmy.org](http://www.newport.salvationarmy.org) ... [newport.corps@usw.salvationarmy.org](mailto:newport.corps@usw.salvationarmy.org)

Tue 9:00 am - 12:00 pm; Wed-Fri 9:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

**Oregon Lifeline (Oregon Telephone Assistance Program):** Oregon Public Utility Commission manages the Oregon Lifeline program, which reduces qualifying people's monthly residential land-line or wireless phone bill by \$12.75.

*Toll-free*..... 800-848-4442

**VETERANS**

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**Veterans' Clinic**

*Newport:* 1010 SW Coast Hwy, Ste 203..... 541-265-4182

Mon-Thu 8:00 am - 4:00 pm

**Veteran Services of Oregon:** Veteran benefit information.

*Lincoln County/Newport:* 611 SW Hurbert, Ste C..... 541-574-6955

Mon-Fri 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

DAV Service Van (transport to Veterans' Administration in Portland; request 72 hrs in advance)

*Toll-free*..... 800-949-1004 x57804

[www.va.gov](http://www.va.gov) or [www.co.lincoln.or.us/veteran](http://www.co.lincoln.or.us/veteran)..... [vets@co.lincoln.or.us](mailto:vets@co.lincoln.or.us)